



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

1

Marimba
2.2 Develops persistence & attention

Roll a cube and look at photos of instruments while listening to an instrumental song.

1

Pull a Rhyme
5.1 Demonstrates eye-hand coordination

Pull on a chain of links while listening to a nursery rhyme.

1

Stack the Rhyme
17.1 Manipulates & explores objects

Listen to a rhyming word or sound spoken into nesting cups and then stack them.

2

Blow a Kiss
1.3 Expresses feelings

Imitate blowing kisses to a puppet.

2

Say Goodbye
5.2 Uses hands to accomplish simple tasks

Put a block in a container and say goodbye. Pull it out and say hello.

2

Little Lullaby
16.2 Explores parts & wholes

Stir water and grab floating toys.

3

Where Is the Scarf?
1.1 Expresses needs & wants

Place a scarf over different body parts and wait for the child to reach out for it.

3

Grab the Spoon
4.1 Demonstrates strength, balance & coordination

Explore a spoon and a ball. Grab the preferred object.

3

Spoon Dance
20.1 Develops an understanding of cause & effect

Shake spoons or a rattle while listening to music.



WEEK 2

4

Knock It Over
3.3 Responds to others

Stack blocks and roll a ball to knock them over.

4

Shake Then Rest
6.3 Develops safety awareness

Shake then stop to the music. Explore controlling body movements.

4

Color Driving
18.2 Demonstrates memory skills

Push a toy car to blocks or scarves of different colors. Name the color at which the car stops.

5

Little Miss Muffet
10.2 Interacts with rhymes, songs & stories

Sing the Little Miss Muffet rhyme and imitate movements.

5

Hiding Spiders
5.2 Uses hands to accomplish simple tasks

Crawl over pillows and search for balls.

5

Sensory Search
16.2 Explores parts & wholes

Explore a sensory bag filled with rice and colored rocks.

6

Humpty Dumpty
3.2 Develops sense of belonging

Show Story Puppets while reciting the rhyme. Identify the Humpty Dumpty puppet.

6

Fit Together
5.1 Demonstrates eye-hand coordination

Explore lids and containers. Which lids fit and which are too small?

6

Build a Wall
17.2 Investigates own body in space

Explore moving the body and maintaining balance while gathering blocks and building a wall with them.



WEEK 3

7

Eenie, Meenie
10.1 Mimics & babbles separate sounds

Play with sounds while looking in a mirror and listening to a song.

7

What Is It?
5.1 Demonstrates eye-hand coordination

Roll the Pocket Cube and name the animal.

7

Catch the Tiger
19.1 Explores the weight & size of objects

Crawl or reach for a moving ball and try to catch it.

8

Cow Sounds
7.1 Hears sounds, rhythms & inflections

Play peek-a-boo with a cow puppet and make silly animal sounds.

8

Hey Diddle Diddle
4.2 Travels & moves

Bounce or step over something while singing along to "Hey Diddle Diddle."

8

Night Hands
17.1 Manipulates & explores objects

Paint with hands and explore the wet texture between fingers.

9

Where Is Thumbkin?
1.2 Develops sense of self

Practice saying hello by wiggling fingers and waving hands.

9

Thumbprint Play Dough
5.2 Uses hands to accomplish simple tasks

Press fingers and objects into play dough.

9

Where Is the Ball?
15.3 Develops understanding of object permanence

Hunt for a ball hidden under a blanket.



WEEK 4

10

Hello, Goodbye
3.1 Develops trust & security

Look in a mirror and say hello to puppets and to self.

10

This Old Man
5.2 Uses hands to accomplish simple tasks

Pound on a drum to the song "This Old Man."

10

One, Two
15.3 Develops understanding of object permanence

Play a game of finding one or two blocks hidden under a scarf.

11

Clap Your Hands
2.3 Develops coping strategies

Use hands to make clapping sounds.

11

Hands for Scooping
6.1 Uses self-help skills during care routines

Use hands to scoop and transfer objects from one bowl to another.

11

Hands to Carry
17.1 Manipulates & explores objects

Use hands to hold and carry objects.

12

My Family Photos
11.1 Interacts with pictures & books

Investigate familiar faces and look at family photos.

12

Hush Little Baby
5.1 Demonstrates eye-hand coordination

Stack or nest cups while listening to "Hush Little Baby."

12

Blanket Ride
17.2 Investigates own body in space

Ride around on a blanket and point at objects in the room.

