

Vegetable Stamp Art

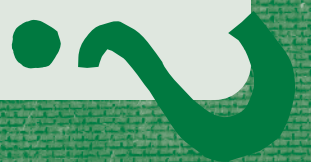


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Children learn that vegetables are healthy foods to be eaten daily, but vegetables can also be used as art tools. During this Invitation to Create, children explored the various designs and prints made by real vegetables and paint. Through this process, children can become inspired to use everyday objects in new and innovative ways. Offering non-traditional art tools allows children the opportunity to explore and create without feeling restricted to common tools such as a paintbrush or crayons.



**What colors
and shapes do
you see
in the photos?**





Stirring Colors



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Stirring is a simple motion children can practice in their daily routine.



For example, children pretend to cook in the dramatic play kitchen or they explore mixing paint during art. The task of stirring can be motivating for children because they may see physical changes occur. During this Invitation to Create, children experimented and observed a change in color and texture. Through this hands-on activity, children discovered what happens when they stir two colors together and incorporate various textures. By combining physical science and art, children experience meaningful opportunities to play and learn simultaneously.

**What happens
when you mix
two colors?**





Heart Model

Invitation to
create

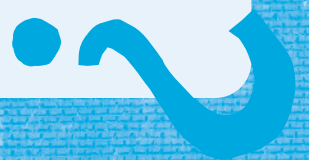
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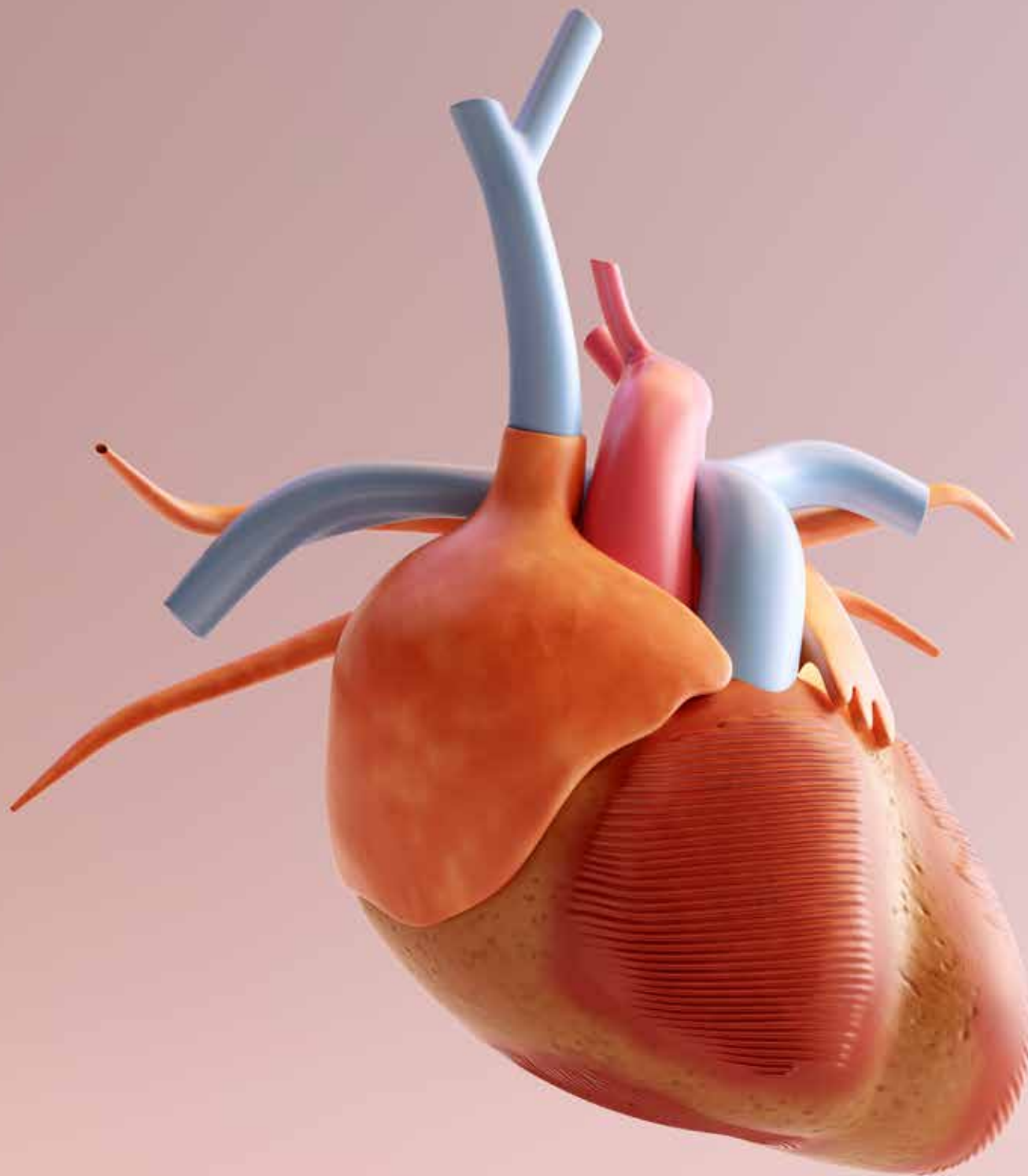
The human heart is a magnificent muscle. Despite being only the size of our fist,



it is essential for our bodies to function properly. Red arteries and blue veins play an important role by helping blood flow through the body and then back to the heart. During this Invitation to Create, children created a 3D model of a heart. Through this process, children explored touching, molding, and feeling materials, which allowed for a deeper understanding of how things work. Creating hands-on art can help children better understand complex concepts compared to only seeing a picture in a book.

**Why do you
think your heart
beats faster
when you run?**





Roll Painting



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Process-based art gives children opportunities to utilize their own creativity and be playful while making art. During this Invitation to Create, children explored simple materials such as a ball, paper and paint and discovered the different ways they could create artistic marks. Through this interesting process, children are engaged in fun ways to create art and also explore the effects of objects in motion. Process-based art reinforces the idea of not needing directions, steps or an end product example.



**What happens
when you roll
the ball slowly? Fast?**

