

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

1

 Wake Up, Puppet ★
LLD 1a Listening SED 3d Social Relationships

Use a puppet to model “happy” and “sad” emotions through voice and movement.

1

 Blink Eyes ★
PD 4b Personal Care SED 1a Self-Awareness

Explore body parts by looking in the mirror, listening to a song and responding to name.

1

 Sock Surprise
M 2b Spatial Awareness SED 4a Problem-Solving

Investigate a sock and the contents hiding inside of it.

2

 Tummy Time Books ★
LLD 6a Reading Comprehension LLD 3a Phonological Awareness

Play with books by reaching for, holding and interacting while listening to rhyming words.

2

 Play the Piano
PD 1 Gross Motor CA 1c Music

Move in response to sound changes.

2

 Where Is It? ★
M 2a Spatial Awareness ATL 1b Attention & Persistence

Look for hidden, brightly colored items inside a container filled with sand.

3

 Uh-Oh! ★
LLD 3b Phonological Awareness SED 3a Social Relationships

Play a game of stacking blocks and knocking them down.

3

 Family March
CA 1b Music PD 1 Gross Motor

Experiment with pounding, bouncing and walking to music.

3

 Shake a Bottle
SCI 3b Physical Science SCI 1b Investigation & Inquiry

Explore sound by shaking, rolling and dropping bottles during play.



WEEK 2

4

 Bookmarks ★
SED 1d Self-Awareness LLD 5 Concepts of Print

Explore the pages of a book and respond to or show facial expressions.

4

 Pick the Produce
PD 2 Fine Motor SCI 3a Physical Science

Repeat pushing and pulling actions while playing with craft sticks and playdough.

4

 Circle Science
M 4a Measurement M 3 Shapes

Explore the properties of circular objects by grasping, banging, dropping and placing them.

5

 Jack and Jill ★
LLD 6b Reading Comprehension CA 4b Drama

Engage with a puppet to explore the book and respond to story prompts.

5

 I’m Strong ★
ATL 2b Flexibility & Play SED 4b Problem-Solving

Tug, bat or pull at dangling ribbons to explore strength.

5

 Peekaboo Toys
M 1d Number Sense SED 3c Social Relationships

Experiment with peekaboo play. Hide and find objects.

6

 Find a Pet
LLD 2c Communication LLD 2d Communication

Engage with book exploration by looking at and responding to pictures of animals.

6

 Energy Boost ★
CA 4a Drama M 5 Patterns

Move the body in response to fast, slow, loud or soft music.

6

 Falling Fruit ★
SCI 1b Investigation & Inquiry M 4a Measurement

Explore the properties of a box and investigate what can and cannot fall through it.



WEEK 3

7

 I Can Stir ★
SED 1b Self-Awareness LLD 2a Communication

Explore pounding and banging on bowls in response to a song. Pretend to stir.

7

 So Many Children
PD 1 Gross Motor M 1e Number Sense

Explore movement and counting by reaching for, adding and removing clothespins during a song.

7

 Baby Hands ★
M 1b Number Sense LLD 7b Writing

Fingerpaint with support and explore numbers.

8

 Thank You
LLD 1b Listening SED 1a Self-Awareness

Respond to names and follow simple requests.

8

 Wipe It Up
PD 4a Personal Care SED 1c Self-Awareness

Explore the feeling of wet and dry. Gently push a washcloth against wet surfaces to wipe them clean.

8

 Nature Gifts ★
SCI 2a Natural & Earth Science LLD 7a Writing

Explore outdoor textures while collecting items on a nature walk.

9

 Dance with Daddy
LLD 3c Phonological Awareness SED 3a Social Relationships

Explore making different sound combinations while listening to a song.

9

 Sock on My Head ★
PD 4b Personal Care CA 2b Dance & Movement

Listen to a song and follow the prompts to hide and find different body parts.

9

 Beanbags & Bowls ★
M 1c Number Sense SCI 1a Investigation & Inquiry

Explore beanbags and bowls through hiding, matching and simple questioning.



WEEK 4

10

 Who’s There?
ATL 1a Attention & Persistence LLD 2d Communication

Play a repetitive knock-knock game and respond to animal picture cards.

10

 Who’s in the Car? ★
SS 1a Culture & Community PD 1 Gross Motor

Roll a toy back and forth while naming family members and encouraging movement.

10

 My Feet ★
M 1a Number Sense CA 3b Visual Arts

Roll and explore playdough while listening to a counting song.

11

 Pets
LLD 5 Concepts of Print LLD 2b Communication

Explore a book about pets by turning pages, listening and responding to questions.

11

 Tray Play ★
CA 3a Visual Arts LLD 7b Writing

Explore smearing and mixing paint with the hands and fingers.

11

 Good Night ★
M 1d Number Sense SS 1a Culture & Community

Recognize and identify family members in photos and look for photos that are hiding under a cloth.

12

 Pat-a-Cake
LLD 3a Phonological Awareness ATL 1b Attention & Persistence

Roll or pound on a ball while listening to a rhyme.

12

 Stack the Cups ★
PD 2 Fine Motor LLD 3b Phonological Awareness

Explore stacking cups while reaching, knocking down and using simple phrases.

12

 Pat a Color
SCI 3b Physical Science CA 1b Music

Explore patting different colors while listening to a song about color.

