

THIS MONTH'S THEME

Colors & Shapes

This month, your baby will explore Colors & Shapes through music, movement and playful discovery. From bright colors to familiar shapes, everyday moments turn into fun learning experiences. As your baby plays, they will build curiosity, connection and early skills along the way.

Sing and dance at home with theme-based music!



READ EVERY DAY

Establish a reading routine to bond with your child through stories. Reading to your baby can help establish a predictable daily routine while also promoting brain activity, early literacy skills and language development.

Try this: Make it Part of Routine

Adding books to your daily routine helps your baby feel comforted, connected and ready to learn.

How:

- **Morning Moments:** Start the day with a short book while your baby wakes up or after breakfast to create a calm, predictable beginning.
- **On-the-Go Reading:** Keep a small book in your bag to read during wait times, like car rides or appointments.
- **Evening Wind Down:** End the day by reading together in a cozy space to help your baby relax and prepare for sleep.

Tip of the Month: Pause & Wait: Pause during play and reading to give your baby time to respond with a look, movement or sound.

Play & Learn at Home

Encourage different types of play with objects you can find at home or in nature. Below are three activities you can try at home related to the same type of play.

Fill & Spill

Does your baby explore putting objects in, taking them out and repeating actions?

Young Infant

Sit with your baby on the floor. Place a ball near a small container. Show them how to put the ball into the container, then take it out again. Repeat the action and watch how they respond.

Older Infant

Sit with your child and offer a container and a ball. Encourage them to place the ball inside, dump it out and try again. Talk about the ball going in and out as your child plays.

Young Toddler

Invite your child to place the ball into a container, dump it out and repeat. As they play, use simple words, like "in," "out" and "again," to describe the action.

Does your baby explore toys and books that include letters and pictures?

Young Infant

Place a sturdy book near your baby and slowly turn the pages. Point to a letter and the picture next to it. Encourage them to touch or pat the page. Give them time to reach for and grasp the book as you explore together.

Older Infant

Offer a book and invite your child to explore it. Encourage them to open the book, touch the pages and look at the pictures. Talk about what they see and notice their interest in the book.

Young Toddler

Place a book on the floor and invite your child to explore it. Encourage them to open the book, turn the pages and point to pictures. Name letters and pictures as they look through the book and engage with the pages.

Does your baby respond to rhythm and changes in sound?

Young Infant

Hold your baby and gently tap a container to create sound. Tap softly on their leg or tummy as well, and pause to watch how they respond with movement, sounds or facial expressions.

Older Infant

Offer a container and invite your child to tap along with you. Explore making sounds together by tapping softly, then loudly. Watch how your child responds to the different sounds and rhythms.

Young Toddler

Invite your child to tap on a container as you clap along. Change the rhythm by clapping fast or slow, and encourage them to follow the beat as you play together.

BOOKS & NURSERY RHYMES



See, Touch, Feel Colors
by Roger Priddy



My Very First Book of Shapes
by Eric Carle

HEY DIDDLE DIDDLE

Hey diddle, diddle,
the cat and the fiddle,
The cow jumped over
the moon.
The little dog laughed
to see such sport,
And the dish ran away
with the spoon.

Reminders and Upcoming Information

