

THIS MONTH'S THEME

Nature's Wonders

This month, your baby will explore *Nature's Wonders* through gentle outdoor-inspired play. Simple activities introduce ideas like camping, animals, trees and the night sky. These cozy moments help your baby feel curious, safe and connected to the world around them.



Sing and dance at home with theme-based music!



READ EVERY DAY

Establish a reading routine to bond with your child through stories. Reading to your baby can help establish a predictable daily routine while also promoting brain activity, early literacy skills and language development.

Try this: Snuggle and Read Together
Snuggling with your baby while reading helps them connect books with comfort, love and special time with you.

How:

- **Cozy Lap Reading:** Hold your baby close in your lap while you read so they feel your warmth and hear your voice.
- **Slow Page Turns:** Turn the pages slowly and pause so your baby can look at the pictures while resting comfortably with you.
- **Storytime Snuggles:** Wrap your baby in a blanket or cuddle during reading to create calm, cozy moments with books.

Tip of the Month: Start Reading Early:
Reading to your baby from the very beginning helps build language, connection and a love of books.

Play & Learn at Home

Encourage different types of play with objects you can find at home or in nature. Below are three activities you can try at home related to the same type of play.

Imitate

Does your baby turn toward your voice and use sounds or gestures to communicate with you?

Young Infant

Lay your baby on their back and gently rock them from side to side while soft music plays. Talk in a calm voice and pause to notice how they respond to your voice and movement.

Older Infant

Sit on a blanket with your child and hold their hands as they move from sitting to standing. Say "up" and "down" as you move together and watch how your child responds.

Young Toddler

Play music and invite your child to dance, stand and sit on a blanket together. Say "up" and "down" as you move and encourage them to repeat the words and move their body.

Does your baby copy simple movements or expressions and use sounds or actions to share their needs?

Young Infant

Make a gentle roaring sound and smile at your baby, then pause to see if they turn toward you. Repeat the sound and expression as they watch and respond.

Older Infant

Crawl around and make playful roaring sounds, and invite your child to join you. Sit together, roar and smile as you encourage them to copy your sounds and movements.

Young Toddler

Roar and say your child's name, then move closer in a playful "chase." Watch their reactions and keep the game fun and gentle, adjusting if they need comfort.

Does your baby move their arms or legs to make things happen and repeat actions to figure out how something works?

Young Infant

Place a soft sock near your baby and gently move it while they watch. Encourage them to kick or reach, then copy their movements in a gentle back-and-forth game.

Older Infant

Sit with your child and show them how to push or toss a sock toward a basket. Encourage them to try, then copy their actions and celebrate each attempt together.

Young Toddler

Show your child how to move a basket and place socks inside, like a cozy "nest." Invite them to imitate your actions, then take turns copying each other as you play.

BOOKS & NURSERY RHYMES



My First Book of Camping: An Earth-Friendly Book for the Great Outdoors
by Jeremy Puglisi



My Mountain Baby
by Rose Rossner

TWINKLE, TWINKLE LITTLE STAR

Twinkle, twinkle, little star,
How I wonder what you are!
Up above the world so high,
Like a diamond in the sky.
Twinkle, twinkle, little star,
How I wonder what you are!

Reminders and Upcoming Information

