

Tracks & Lyrics

DANCE
n Beats™

Jump, Sing and Dance Along!

Explore new rhythms, theme-related lyrics, and instruments unique to the featured musical genre of this album. While dancing along to the music, children build coordination and balance as they learn to creatively express ideas through movement.

Track 1

Ocean Commotion

Ocean commotion
Let's make some waves
Ocean commotion
Over mountains and caves
Hear the sounds of the sea
It's an ocean mystery
O-o-o-o-ocean commotion

Blow like a whale
Blow, blow, blow
Blow like a whale
Blow, blow, blow
O-o-o-o-ocean commotion
Flap your fins
Flap, flap, flap
Flap your fins
Flap, flap, flap
O-o-o-o-ocean commotion

Clap like a crab
Clap, clap, clap
Clap like a crab
Clap, clap, clap
O-o-o-o-ocean commotion

Track 2

Sneaky Shark

(Instrumental)



Track 3

Big Blue Whale

Flap your tail like a big blue whale
Flap your tail like a big blue whale
Humpback, looking for a snack
Humpback, looking for a snack
Open mouth wide
What floats inside?

Whale, jump out of the water
Whale, take a deep breath
Whale, time to migrate
To the water that is hotter
Swim!

Track 4

Poor Me

I thought I was a superstar
Something special in the sea
Fish would come from near and far
Just to get a glimpse of me
But then at age three
I lost an arm
Poor me

Poor me, poor me
What will I do?
I can't be a star
One point missing
No more wishing
Oh, poor, poor me

Then my dad took me aside
And he said while I cried
Your arm will be growing back
Good as new, and that's a fact
But you are perfect just as you are
My little seastar

Track 5

Jellyfish Jiggle

Pat your belly and do the jelly
Jellyfish, jellyfish jiggle
Ba, da, ba, ba, ba, da, ba, ba
Jellyfish

Put your arms down
Then jump and jive
Jellyfish, jellyfish jiggle
Sinking down, down, down

Put your arms up
Then jump and jive
Jellyfish, jellyfish jiggle
Floating up, up, up
Come on take it back uuuuup!

Track 6

No Bones Octopus

Giant octopus, you have no bones
B-b-b-bones, no bones, no bones
Giant octopus
I've never known a creature with no bones

Have you heard it said
Your arms grow out of your head
But you never complain because
You have a super brain

You can change your skin to match
Whatever environment you're in
Octopus with superpowers
Keeps you safe every hour



Track 7 Lobster Tale

Did you hear my tale?
My brown lobster tail?
It's the strangest story
That you've ever heard, yeah
And it goes like this

I crawled outta my shell
I survived so I could tell
This is the only way to grow
It's the best way that I know

At first I hid under a rock
But time was passing, tick-tock
Take a chance don't hide inside
Explore the world far and wide

So be a lobster like me

Track 8 Ocean Sounds

(Instrumental)

Track 9 Seaweed Sway

Be a seaweed, seaweed
Growing in the ocean, seaweed
Sway side-to-side to the current's motion

Stretch out your arms
Make a seaweed circle
Keep your feet on the ground
And then float 'round and 'round

Seaweed green
Seaweed red
Seaweed brown
Many colors all around



Track 10 Hey, Mr. Seahorse!

Hey, Mr. Seahorse
What do you hide?
Hey, Mr. Seahorse
What's that inside?
Do you care to share what you have in there?
Hey, Mr. Seahorse

Hey, Mr. Seahorse
Can I look in your pouch?
Hey, Mr. Seahorse
I see a head poking out
I am sorry to stare, but there's a baby in there
Hey, Mr. Seahorse

Track 11 Scuba Diver

Right arm, left arm
'Round and 'round
Swimmin', swimmin' all around
Right foot, left foot
Kick, kick, kick
This is how you swim real quick

Scuba dive into the ocean
Exploring the water world
Flippers on my feet
Goggles on my eyes
I see an underwater surprise

Mountains, valleys, caves
All hidden under ocean waves
A mysterious world I see
Where dolphins dance and fish chase me

Track 12 Do What the Fish Do

Have you ever felt lost?
Don't know where to go?
Do what the fish do
And just swim

Swim in the morning
Swim in the evening
Swim away the sad until you feel glad
Swim, swim, all day long
And sing a little song

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