



THIS MONTH'S THEME

Sunshine & Rainbows

This month, your baby will explore Sunshine & Rainbows through songs, movement and sensory play. As they discover bright colors, changing weather and the wonders of nature, they will engage their senses and make new connections. These playful experiences support curiosity, early learning and meaningful interactions with the people around them.

Sing and dance at home with theme-based music!



READ EVERY DAY

Establish a reading routine to bond with your child through stories. Reading to your baby can help establish a predictable daily routine while also promoting brain activity, early literacy skills and language development.

Try this: Move Together

Moving together helps your baby learn about their body while building balance, coordination and connection with you.

How:

- **Clap & Tap:** Gently clap hands, tap knees or wiggle fingers together. Name each body part as you move.
- **Dance Around:** Hold your baby or dance side by side to music. Move fast, slow, high and low.
- **Play Copycat:** Make simple movements, like waving, stomping or reaching up. Encourage your baby to watch and join in their own way.

Tip of the Month: Repeat, Repeat, Repeat: Babies learn through repetition. Singing the same songs, playing familiar games and naming body parts often helps strengthen learning.

Play & Learn at Home

Encourage different types of play with objects you can find at home or in nature. Below are three activities you can try at home related to the same type of play.

Push & Pull

Does your baby explore how pushing and pulling can make things move?

Young Infant

Sit with your baby and hold opposite ends of a blanket. Gently pull the blanket toward your baby, then push it away while naming the movements.

Older Infant

Hold a blanket together and make small waves by pushing and pulling. Encourage your child to help move the blanket.

Young Toddler

Invite your child to pull the blanket toward themselves, then push it away to make big waves. Add a stuffed animal on top for extra fun.

Does your baby enjoy watching, copying and responding to playful movements?

Young Infant

Gently fan your baby with a paper plate or piece of cardboard while they lie on their tummy. Briefly hide your face behind it, then peek out and say, "Hello!" Watch how your baby responds.

Older Infant

Sit across from your child and play peekaboo using a paper plate or piece of cardboard. Take turns making a breeze and notice which movements make your child smile or laugh.

Young Toddler

Offer your child a paper plate or piece of cardboard. Show them how to wave it, balance it on their head or let it fall. Encourage them to copy your movements and create their own.

Does your baby use movement to explore and bring objects closer?

Young Infant

Tie strips of fabric, scarves or dish towels around a small pillow or soft bag. Sit with your baby on your lap and gently pull one strip while saying, "Pull, pull!" Encourage your baby to hold a strip as you pull together.

Older Infant

Tie strips of fabric, scarves or dish towels around a small pillow or soft bag. Place it a short distance away and encourage your child to pull a strip to bring it closer. Celebrate as they discover what is attached.

Young Toddler

Tie strips of fabric, scarves or dish towels around a small pillow or soft bag. Encourage your child to pull it across the floor independently. Move it farther away to challenge them to use movement and problem-solving skills to bring it closer.

BOOKS & NURSERY RHYMES



Hello, Sunshine!
by Cottage Door Baby

Little Wonders Weather
by Rose Nestling

THE RAIN

Pitter patter, raindrops,
Falling from the sky.
Here is my umbrella
To keep me safe and dry!
When the rain is over,
And the sun begins to glow,
Little flowers start to bud,
And grow and grow and grow!

Reminders and Upcoming Information

