



# Birds & Eggs

## FEATURED CONCEPTS

### Letters & Sounds:



### Shape & Color:

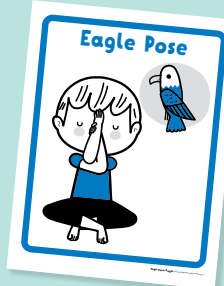


### Character Trait:

Generosity

### Yoga Pose:

Eagle Pose



### Number:



### Sign Language:



This month, your child will flutter into the fun world of *Birds & Eggs*. Through cheerful songs, silly bird sounds and hands-on activities, your child will explore how birds build nests, care for their eggs and raise their babies. As your child listens for chirps and discovers feathers, they'll begin to make sweet connections between how bird families care for their little ones and how you care for them every day.

**In the Nest:** Listen to bird sounds, move like birds, count birds and create simple bird-themed crafts together.

**Bird Parts:** Explore birds through movement and art, helping them notice details, build vocabulary and grow early science and motor skills.

**Tree Birds:** Discover bird life by tapping, spotting, flying and listening like different birds, building observation and motor skills through playful activities.

**Exotic Birds:** Learn about new birds through playful painting, feather-making and bird-like movements.

Giggles take flight as laughter breaks through, your little one will play like baby birds do!



## Listen to Simon



WHAT?	HOW?	WHY?
This week, we read a book about following silly directions. Play a game of Simon Says together to help your child practice listening and following directions.	Try it in the car or at a restaurant by giving fun prompts, like "Simon says nod your head. Simon says put the napkin on your plate."	This activity builds your child's listening comprehension and helps them learn to follow multi-step directions.

## Generous Helpers



WHAT?	HOW?	WHY?
This month, your child learned about generosity. Cook a meal with your child and share it with someone who could use a little extra care this week.	Visit the grocery store together to choose ingredients, like fruits and vegetables. Let your child touch and explore each one as you talk about its color and texture.	Working together helps your child feel included and encourages simple acts of generosity.

## Bird Walk & Talk



WHAT?	HOW?	WHY?
In the story this week, your child followed paths to different birds. Go birdwatching together to see what birds you can find.	Take a walk and count the birds you see, then lie on a blanket and watch the sky to see if any birds fly overhead.	Talking about the birds you spot builds curiosity and helps your child grow their vocabulary.

## Find the Egg



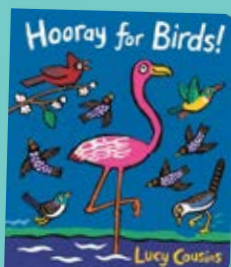
WHAT?	HOW?	WHY?
In this week's story, your child heard about a little bird hiding and being found. Play a simple hide-and-seek game together.	Hide a toy or plastic egg somewhere in the room and encourage your child to find it and bring it back.	This helps your child learn that things and people still exist even when they cannot be seen, building comfort with brief separations.

## READ WITH ME

**Who Laid These Eggs?**  
by Laura Gehl



**Hooray for Birds!**  
by Lucy Cousins



**Paddle Perch Climb:**  
**Bird Feet Are Neat**  
by Laurie Ellen Angus



**How to Find a Bird**  
by Jennifer Ward

