

THIS MONTH'S THEME

My Small World

This month, we're exploring My Small World with gentle sights, calming sounds and cozy spaces. Soft blankets, soothing visuals and playful songs invite your baby to explore with all of their senses and feel safe while discovering the world around them.



Sing and dance at home with theme-based music!



Play & Learn at Home

Encourage different types of play with objects you can find at home or in nature. Below are three activities you can try at home related to the same type of play.

Imitate

Does your child focus on you or an object? Do they join in simple back-and-forth play?

Young Infant

Hold your baby close and show them a bowl of water. Gently stir with a spoon and watch how they look, reach or move in response.

Older Infant

Place a bowl of water near your child and give them a spoon. Take turns stirring and dipping the spoon in and out as you explore together.

Young Toddler

Place a bowl of water near your child. Show them how to stir and scoop with a spoon, then let them try and talk about what they do.

Does your child respond when you play with props or puppets?

Young Infant

Hold your baby on your lap with a stuffed animal just out of view, then say their name and bring it into sight. Wiggle it, make soft sounds and let them touch it while you watch how they respond.

Older Infant

Sit with your child and hide the stuffed animal. Play peek-a-boo and let them reach for it, then offer the stuffed animal so they can play too.

Young Toddler

Sit on the floor with your child and wave the stuffed animal as you say, "Hello!" Then give the stuffed animal to your child and invite them to wave and say "hello" back.

Does your child notice and respond when something changes around them?

Young Infant

Place blankets around the room and lay your baby on one. Move them to another blanket and talk about where you're going as you watch their reaction.

Older Infant

Play with a toy together, then invite your child to crawl or walk to another toy and say, "Now we're over here!"

Young Toddler

Play with a toy in a familiar spot, name the place, then invite your child to walk with you to a new area and notice how they respond to familiar places.

READ EVERY DAY

Establish a reading routine to bond with your child through stories. Reading to your baby can help establish a predictable daily routine while also promoting brain activity, early literacy skills and language development.

Try this: Play with Sounds

Playing with sounds while reading makes stories come alive for your baby. Using fun noises captures their attention, builds listening skills and makes reading a joyful bonding experience.

How:

- **Make Animal Sounds:** Roar like a lion, quack like a duck or meow like a cat when you see them in the story.
- **Use Everyday Noises:** Say "beep beep!" for cars, "choo-choo!" for trains or "tick-tock" for a clock to match the pictures.
- **Change Your Voice:** Whisper for quiet characters, make a big voice for giants or sing a silly line to keep your baby engaged.

Tip of the Month: Hold Your Baby

Cuddling while you read helps your baby feel safe and connected. These warm moments build trust and make reading together a comforting and positive experience.

BOOKS & NURSERY RHYMES



Global Babies
by The Global Fund for Children

Touch & Feel Colors
by Cottage Door Press

LONDON BRIDGE IS FALLING DOWN

London Bridge is falling down,
Falling down, falling down,
London Bridge is falling down,
My fair lady.

Build it up with sticks and stones,
Sticks and stones,
Sticks and stones.
Build it up with sticks and stones,
My fair lady.

Reminders and Upcoming Information

