# Tracks & Lyries Pance in Beats

### Jump, Sing and Dance Along!

Explore new rhythms, theme-related lyrics, and instruments unique to the featured musical genre of the month. While dancing along to the music, children build coordination and balance as they learn to creatively express ideas through movement.



### Track 1 Smooth Sailin'

Floatin' my boat on a gentle breeze, It's smooth sailin' Ridin' the wind on the rollin' seas, It's smooth sailin' Seagulls singin', dolphins swimmin' Sun is shinin', life is just fine

#### Track 2 Treasure Hunt

Where oh where can it be? I'm lookin' but I just don't see Where is the treasure chest My secret hidden treasure? Look high, reach your hands to the sky Look low, underneath your toe Look high, look low for the treasure La la la la la This old map shows the way Where to go on my hunt today Lookin' for the treasure chest My secret hidden treasure Here's an X that marks the spot It's just as I thought Here is the treasure chest I found my hidden treasure

## Track 3 Beach Party (Instrumental)



### Track 4 Crab Walk

Skittle scattle on the ground
Do the crab walk without a sound
Skittle scattle here and there
Take a breath of ocean air
Snip snap your little claw
Make noises "ooh" and "ah"
Snip snap all over the sand
Let's dance all over the island
Skittle scattle, snip snap
Skittle scattle, snippity snap
Do the crab walk
Snip snap
Skittle scattle
Snippity snap, snip snap

Over the lump lump lump

# Track 5 Bump Over the Lump Bump bump bump

Over the bump bump bump Over the lump lump lump If you don't want to bump, you don't wanna If you don't want to bump, you don't wanna If you don't want to bump, you don't wanna If you don't want to bump, then you gotta Jump, jump, jump Over the lump, lump, lump Over the jump, jump, jump Over the lump, lump, lump Start it again! Start it again! Start it again! Start it again! Let's go! Bump a-bump over the lump a-lump over the Bump a-bump over the lump a-lump Bu.....mp over the lu...mp over the Bu.....mp over the lu....mp

#### Track 6 Cave Wonders

Stalagmites reach up
Stalactites hang down
To find them go under
Inside a cave of wonder
Mite – tite wonder
Mite up
Tite down
Mite tite wonder

### Track 7 ABC Song

A, B, C, D, E, F, G H, I, J, K, L, M, N, O, P Q, R, S, T, U, V, W, X, Y, Z



### Track 8 Sticky Fingers

Stick, stick, sticky fingers
Don't put them in your mouth
Stick, stick, sticky fingers
Don't put them in your mouth
Stick, stick, sticky fingers
Wave them up in the air
Stick, stick, sticky fingers
Wave them up in the air
Stick, stick, sticky fingers
Run, run right to the sink
Stick, stick, sticky fingers
Run, run right to the sink
Grab the soap, and make those bubbles float
Scrub hard and in between, and wash those
fingers clean

#### Track 9 Sunburn

I went outside to play
Without sunscreen today
I turned a color you've never seen
Not blue, yellow or green
I'm hot red yeah, that's what I said
Hot red sunburn
It feels so bad, that's what I said
Hot red sunburn
Here's something you should learn
Wear sunscreen if you don't want to burn
Protect your skin
I'll say it again, protect your skin

### Track 10 Fall Waterfall

Ride a little raft, down a little river
Hang on to the rope, it might get a little rough
Fall down the waterfall
Fall down and make a big splash
Fall down the waterfall
Doo doo doo doo doot doot do do

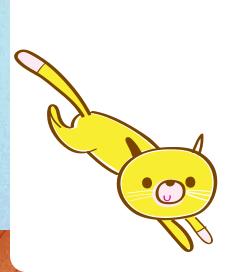
# Track 11 Captain of the Ship Hoist up the sails! Give the rope a firm grip

Hoist up the sails! 'Cause I'm the Captain of the ship
I'm the Captain of the ship,
Do what I say and we'll have a great trip
I'm the Captain of the ship,
Do what I say and we'll have a really great trip

Scrub the deck! It's the first thing to learn
Scrub the deck! Scrub it bow to stern
Pull up the anchor, and its very heavy chain
Pull up the anchor, and then drop it down again

# Track 12 Cool Island Breeze (Instrumental)







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