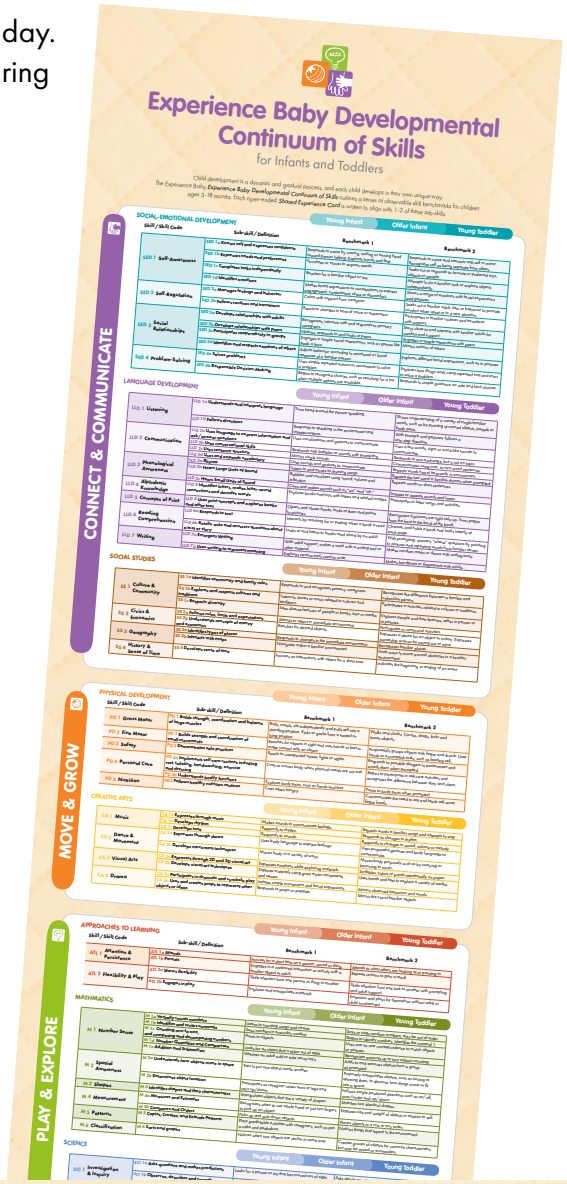
experience baby™ CURRICULUM

Assessment General Sub-skills Guidance

Some sub-skills are more accurately observed during the classroom routine or spontaneously occurring situations. When observing babies, this is especially true for the following sub-skills: **SED 2a** Self-Regulation, **PD 4a** Personal Care and **PD 5** Nutrition.

Behaviors like seeking comfort, expressing physical needs or communicating hunger happen spontaneously throughout the day. They cannot be reliably prompted in an activity. Observing during play and routines allows us to see how babies authentically manage emotions and physical needs in real situations.

Natural observation also honors each child's developmental pace and supports responsive caregiving. Watching for these skills during routines helps us better understand and support each baby's individual growth.

Refer to the Assessment User Guide for more information and guidance on how to assign a benchmark.