

Tracks & Lyrics

DANCE
n Beats

Jump, Sing and Dance Along!

Explore new rhythms, theme-related lyrics and instruments unique to the featured musical genre of this CD. While dancing along to the music, children build coordination and balance as they learn to creatively express ideas through movement.

Track 1

Hat, Jacket, Gloves and Boots

Hat, jacket, gloves and boots,
gloves and boots
Hat, jacket, gloves and boots,
gloves and boots
These are the clothes I wear when it's cold
Hat, jacket, gloves and boots,
gloves and boots

Snow is falling in Antarctica
Snow is falling in Antarctica
I'll dress warm so I don't freeze
Snow is falling in Antarctica

Track 2

Pack Your Yak

Yak, yak, yak, yak
I like to hike with my yak, yak
Yak, yak, yak, yak
Hiking up the mountain with my yak

What will you pack on your yak
What will you pack on your yak
Water, tent, sweater and a snack
That's what I'll pack on my yak

Track 3

Climb the Mountain

Climb, climb, climb the mountain
To the very top
Put on your skis
Slide through the trees
Until you finally stop

Track 4

In the Snow

What lives within your snow?
Oh, how I'd really like to know
What a mystery
White is all I see

Was that an Arctic fox nose poking out
Taking a peek, looking around?

Was that a snowy owl swooping by?
Flapping her wings, she silently flies

Was that a polar bear sound asleep?
With all white fur, he's hard to see

Track 5

Freezing & Melting (Instrumental)

Track 6

This Is the Way We Sled

This is the way we sled downhill
Sled downhill
Sled downhill
This is the way we sled downhill
In the winter morning

This is the way we ski the trails
Ski the trails
Ski the trails
This is the way we ski the trails
In the afternoon

This is the way we walk in snowshoes
Walk in snowshoes
Walk in snowshoes
This is the way we walk in snowshoes
In the winter evening

Track 7

Penguin Huddle

Come together; snuggle up
Stay close to me, that's the key
You're my brother and my sister
We'll be warm and safe together

Like a penguin family
Huddle, huddle
Like a penguin family
Huddle, huddle
Flap your feathers
Sing out your call
We'll stick together
We won't fall

Like a penguin family



Track 8

Hiking Up and Down

There was a mountaineer
Who had 10 girls and boys
He marched them up to the top of the peak
And started to jump for joy

'Cause when you're up, you're up
And when you're down, you're down
And when you're only halfway up
You're neither up nor down

Track 9

Ice Castle

I built a castle big and tall
Like none other
Different from them all
Frozen water crystal clear
Inside its walls
Nothing left to fear

The wind blows, the wind blows
The sky snows, the sky snows
But my ice castle is strong and true
And I'm safe inside my frozen igloo

Track 10

Snowflakes Falling

Pretty snowflakes falling down
Falling down
Falling down
Pretty snowflakes falling down
On this wintry morning

Track 11

Winter Waltz (Instrumental)

Track 12

Baby Polar Bear

My baby polar bear
Do you know how much I care?
Your icy home is turning blue
Do not worry; I love you

I will try to keep it cold and white
Then your future will be bright

My baby polar bear
Do you know how much I care?

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