

PLANNING CALENDAR

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

1

Go to Sleep, Puppet
ATL 1b Attention & Persistence
SS 1b Culture & Community
Play with a puppet that wakes up and goes to sleep.

1

Follow Me
CA 1a Music LLD 1a Listening
Roll a ball, sing and move to the rhythm of a song.

1

Blocks and Socks
M 2a Spatial Awareness SED 1c Self-Awareness
Explore playing with blocks and socks.

2

Pat a Picture
LLD 5 Concepts of Print LLD 6a Reading Comprehension
Look at a book, pointing to and naming pictures.

2

Relaxing Rhythm
SED 4a Problem-Solving PD 1 Gross Motor
Reach for, touch and explore soft ribbons while music plays.

2

Texture Bags
SCI 3b Physical Science SCI 1b Investigation & Inquiry
Feel and compare bags filled with different textures.

3

Back & Forth Ball
SS 1a Culture & Community SED 1a Self-Awareness
Roll a ball back and forth and copy words and sounds.

3

Running Feet
SS 4 History & Sense of Time CA 1b Music
Bang drums, march and follow movement prompts.

3

Hide the Toy
M 1d Number Sense M 6 Classification
Play peek-a-boo and find objects hidden under a cloth.

WEEK 2

4

Parachute Breeze
SED 3b Social Relationships
LLD 3a Phonological Awareness
Move a parachute up and down together and feel the breeze.

4

Quick and Slow
SED 3b Social Relationships CA 1b Music
Wave a scarf and move fast and slow to a changing song.

4

Clearly Curious
M 1d Number Sense SCI 2a Natural & Earth Science
Explore nature items and look for them when they are hidden.

5

My Feelings
SED 1d Self-Awareness LLD 2b Communication
Read a book together and talk about feelings.

5

You Played One
PD 1 Gross Motor SCI 3a Physical Science
Tap a ball to a song, then chase after it.

5

Hand Press
PD 2 Fine Motor M 5 Patterns
Play with playdough and make handprints.

6

Tower Tumble
SED 2b Self-Regulation LLD 2a Communication
Stack blocks and knock them down together.

6

Push & Pull Pegs
PD 2 Fine Motor SCI 3b Physical Science
Poke pegs into playdough and pull them out like garden veggies.

6

Tube Play
M 4a Measurement SCI 1b Investigation & Inquiry
Drop and fit object through a tube.

WEEK 3

7

Sometimes I'm Fast
LLD 3b & LLD 3c Phonological Awareness
Bounce and dance to a fast and slow song.

7

Follow with Feet
SS 2b Civics & Economics CA 4a Drama
Roll wheeled toys and chase or crawl toward it.

7

Handprints
LLD 7b Writing M 3 Shapes
Dip a hand in paint and press it on paper to make a handprint.

8

Eyes, Nose, Belly
PD 4b Personal Care LLD 6a Reading Comprehension
Point to body parts and read a book together.

8

Can You Reach?
SED 1d Self-Awareness LLD 2a Communication
Go on a walk, collect nature objects and bring them inside to explore.

8

Smooth and Slimy
SCI 3b Physical Science CA 3b Visual Arts
Fingerpaint and explore different colors.

9

Wave Kicks
ATL 1b Attention & Persistence LLD 1b Listening
Kick and shake a parachute together.

9

Where Is Your Foot?
SED 3a Social Relationships
LLD 3c Phonological Awareness
Cover and uncover body parts with a sock.

9

What's Inside?
SCI 3a Physical Science SCI 1a Investigation & Inquiry
Roll a bottle down a ramp and explore the objects inside.

WEEK 4

10

Healthy Food
ATL 1a Attention & Persistence LLD 7a Writing
Listen to a song about healthy food and scribble on picture cards.

10

Stand Up, Sit Down
SED 3c Social Relationships
LLD 3b Phonological Awareness
Listen to a song and follow movement prompts.

10

Round Rings
CA 3b Visual Arts M 4a Measurement
Explore and grab circular objects.

11

My Toes, Ears & Nose
LLD 2d Communication
Lift the flaps in a book and find toes, ears and nose.

11

Happy and You Know It
PD 1 Gross Motor SCI 1b Investigation & Inquiry
Walk and run to different colors while singing a song.

11

Wet and Dry
SCI 3b Physical Science
Explore the difference between wet and dry.

12

Spoonful of Choices
LLD 3b Phonological Awareness LLD 2a Communication
Explore bowls and spoons and choose a favorite food.

12

From Head to Toe
M 1c Number Sense PD 4b Personal Care
Tap body parts and dance together to a song.

12

Sensory Touch
ATL 2a Flexibility & Play M 6 Classification
Squeeze, squish and explore sensory bags filled with different materials.