

MY FAMILY WEEKLY ACTIVITY SKILL CHART

DATE _____



WEEK 1

	ACTIVITY TYPE	ACTIVITY TITLE	SOCIAL EMOTIONAL	PHYSICAL & MOTOR	LANGUAGE & LITERACY	MATH & REASONING	SCIENCE & TECH	SOCIAL STUDIES	CREATIVE ARTS
LESSON 1	Circle Time: Discussion	Family Tree			LLD 2 Communication				
	Circle Time: Activity	Who Shook the Apple Tree?	SED 4 Social Relationships			MR 1 Number Sense			CA 1 Music
	Art: Invitation to Create	My Family Tree				MR 7 Logic & Reasoning		SS 1 Culture & Community	CA 3 Visual Arts
	Small Group	My Special Name			LLD 4 Alphabetic Knowledge, LLD 7				
	Tabletop	Counting Families	SED 1 Self-Awareness			MR 1 Number Sense			
	Music & Movement	You Gotta Love Your Family		PD 1 Gross Motor					CA 2 Dance & Movement
	Book	My and My Family Tree			LLD 6 Reading Comprehension			SS 1 Culture & Community	
	Center: Dramatic Play	Play Kitchen			LLD 2 Communication		SCI 4 Technology ★		CA 4 Drama ★
LESSON 2	Circle Time: Discussion	Brother & Sister			LLD 2 Communication				
	Circle Time: Activity	Go Play	SED 4 Social Relationships	PD 1 Gross Motor					CA 1 Music
	Art: Make & Play	My Family Puzzle			LLD 7 Writing	MR 3 Shapes, MR 7		SS 1 Culture & Community	
	Small Group	Fun with Family			LLD 2 Communication				
	Tabletop	Diverse Families				MR 6 Classification ★		SS 1 Culture & Community ★	
	Music & Movement	Sibling Love	SED 4 Social Relationships						CA 2 Dance & Movement
	Book	The New Baby			LLD 6 Reading Comprehension			SS 1 Culture & Community	
	Center: Science & Nature	Worm Families				SCI 2 Natural & Earth Science		SS 1 Culture & Community	
LESSON 3	Circle Time: Discussion	Mom			LLD 2 Communication				
	Circle Time: Activity	What If We Spent the Day ...	SED 1 Self-Awareness		LLD 2 Communication				
	Art: Make & Play	My Basket			LLD 7 Writing	SCI 1 Investigation & Inquiry ★			CA 4 Drama ★
	Small Group	F Is for Family	SED 4 Social Relationships		LLD 4 Alphabetic Knowledge	MR 7 Logic & Reasoning			
	Tabletop	Building My Family	SED 3 Attention & Persistence			MR 2 Spatial Awareness, MR 3			
	Music & Movement	Surprise for Mom	SED 1 Self-Awareness		LLD 1 Listening				
	Book	Little Red Riding Hood and the Lonely Wolf			LLD 6 Reading Comprehension				
	Center: Outside Discovery	Wreath for Mom					SCI 2 Natural & Earth Science		CA 3 Visual Arts
LESSON 4	Circle Time: Discussion	Dad			LLD 2 Communication				
	Circle Time: Activity	Tall Dad, Short Dad				MR 4 Measurement ★		SS 1 Culture & Community ★	
	Art: Creative Corner	I Spy Letter Ff	SED 3 Attention & Persistence		LLD 4 Alphabetic Knowledge, LLD 7				
	Small Group	Shopping with Dad	SED 4 Social Relationships	PD 2 Fine Motor		MR 3 Shapes			
	Tabletop	Family Dominoes	SED 4 Social Relationships		LLD 2 Communication	MR 6 Classification			
	Music & Movement	Happy with Daddy	SED 4 Social Relationships	PD 1 Gross Motor					
	Book	Daddy Is a Doodlebug			LLD 6 Reading Comprehension				
	Center: Blocks	Clothespin Houses						SS 3 Geography	CA 4 Drama
LESSON 5	Circle Time: Discussion	Grandma & Grandpa			LLD 2 Communication				
	Circle Time: Activity	Grandma & Grandpa Poem	SED 1 Self-Awareness		LLD 2 Communication				CA 1 Music
	Art: Make & Play	Grandma's Glasses	SED 1 Self-Awareness		LLD 2 Communication			SS 1 Culture & Community	
	Small Group	My Little Journal	SED 1 Self-Awareness		LLD 7 Writing			SS 1 Culture & Community	
	Tabletop	Hide & Seek Puzzle	SED 4 Social Relationships			MR 3 Shapes, MR 7			
	Music & Movement	Grandma Dance	SED 3 Attention & Persistence ★						CA 2 Dance & Movement ★
	Book	Grandma, Grandpa, and Me			LLD 6 Reading Comprehension			SS 4 History & Sense of Time	
	Center: Sensory	Baking Tray				MR 3 Shapes	SCI 4 Technology		CA 4 Drama

SKILLS BY DOMAIN

SOCIAL & EMOTIONAL
 SED 1 Self-Awareness
 SED 2 Self-Regulation
 SED 3 Attention & Persistence
 SED 4 Social Relationships

PHYSICAL & MOTOR
 PD 1 Gross Motor
 PD 2 Fine Motor
 PD 3 Safety
 PD 4 Personal Care
 PD 5 Nutrition

LANGUAGE & LITERACY
 LLD 1 Listening (Receptive Language)
 LLD 2 Communication (Expressive Language)
 LLD 3 Phonological Awareness
 LLD 4 Alphabetic Knowledge
 LLD 5 Concepts of Print
 LLD 6 Reading Comprehension
 LLD 7 Writing

MATH & REASONING
 MR 1 Number Sense
 MR 2 Spatial Awareness
 MR 3 Shapes
 MR 4 Measurement
 MR 5 Patterns
 MR 6 Classification
 MR 7 Logic & Reasoning

SCIENCE
 SCI 1 Investigation & Inquiry
 SCI 2 Natural & Earth Science
 SCI 3 Physical Science
 SCI 4 Technology

SOCIAL STUDIES
 SS 1 Culture & Community
 SS 2 Civics & Economics
 SS 3 Geography
 SS 4 History & Sense of Time

CREATIVE ARTS
 CA 1 Music
 CA 2 Dance & Movement
 CA 3 Visual Arts
 CA 4 Drama

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MY FEELINGS WEEKLY ACTIVITY SKILL CHART

DATE _____



WEEK 2

	ACTIVITY TYPE	ACTIVITY TITLE	SOCIAL EMOTIONAL	PHYSICAL & MOTOR	LANGUAGE & LITERACY	MATH & REASONING	SCIENCE & TECH	SOCIAL STUDIES	CREATIVE ARTS
LESSON 6	Circle Time: Discussion	Happy			LLD 2 Communication				
	Circle Time: Activity	Happy Colors	SED 3 Attention & Persistence			MR 6 Classification			
	Art: Creative Corner	H Is for Happy	SED 3 Attention & Persistence		LLD 3 Phonological Awareness, LLD 7				
	Small Group	Happy Hearts	SED 4 Social Relationships, SED 1			MR 1 Number Sense			
	Tabletop	Happy-Sad Faces			LLD 7 Writing	MR 6 Classification			
	Music & Movement	Happy Dance	SED 2 Self-Regulation		LLD 1 Listening				
	Book	A Bear Hug for Bunny	SED 4 Social Relationships ★		LLD 6 Reading Comprehension ★				
	Center: Dramatic Play	Pretend Party	SED 1 Self-Awareness						CA 4 Drama
LESSON 7	Circle Time: Discussion	Sad			LLD 2 Communication				
	Circle Time: Activity	How Do They Feel?	SED 4 Social Relationships		LLD 2 Communication				
	Art: Creative Corner	Listen & Draw			LLD 2 Communication, LLD 7			SS 4 History & Sense of Time	
	Small Group	Help Letter H		PD 2 Fine Motor	LLD 7 Writing				
	Tabletop	Match Your Emotions	SED 2 Self-Regulation ★			MR 6 Classification ★			
	Music & Movement	Feel Better	SED 4 Social Relationships						CA 4 Drama
	Book	<i>The Quilt Story</i>			LLD 6 Reading Comprehension			SS 1 Culture & Community	
	Center: Science & Nature	Tube of Tears	SED 3 Attention & Persistence				SCI 1 Investigation & Inquiry, SCI 4		
LESSON 8	Circle Time: Discussion	Scared			LLD 2 Communication				
	Circle Time: Activity	Scared of Spiders	SED 1 Self-Awareness	PD 1 Gross Motor					
	Art: Make & Play	Shadow Puppets			LLD 2 Communication		SCI 4 Technology, SCI 2		
	Small Group	Three-Eyed Monster		PD 2 Fine Motor		MR 1 Number Sense			
	Tabletop	Hiding Under the Covers	SED 1 Self-Awareness		LLD 4 Alphabetic Knowledge, LLD 2				
	Music & Movement	Scared Puppy	SED 2 Self-Regulation						CA 4 Drama
	Book	<i>Glad Monster, Sad Monster</i>	SED 2 Self-Regulation		LLD 6 Reading Comprehension, LLD 7				
	Center: Blocks	Calming Corner	SED 2 Self-Regulation ★	PD 2 Fine Motor ★					
LESSON 9	Circle Time: Discussion	Surprised			LLD 2 Communication				
	Circle Time: Activity	Birthday Surprise	SED 4 Social Relationships		LLD 7 Writing			SS 1 Culture & Community	CA 1 Music
	Art: Make & Play	Birthday Crown		PD 2 Fine Motor					CA 4 Drama
	Small Group	Wolf's Gift	SED 1 Self-Awareness		LLD 2 Communication, LLD 6				
	Tabletop	Surprise Pattern	SED 3 Attention & Persistence			MR 5 Patterns			
	Music & Movement	Surprise Dance	SED 4 Social Relationships						CA 2 Dance & Movement
	Book	<i>Curious George and the Birthday Surprise</i>			LLD 6 Reading Comprehension			SS 1 Culture & Community	
	Outside Discovery	Noisemakers		PD 2 Fine Motor		MR 4 Measurement ★	SCI 3 Physical Science ★		
LESSON 10	Circle Time: Discussion	Mad			LLD 2 Communication				
	Circle Time: Activity	I'm Mad!	SED 1 Self-Awareness	PD 1 Gross Motor					
	Art: Invitation to Create	Picasso Painting	SED 1 Self-Awareness	PD 2 Fine Motor					CA 3 Visual Arts
	Small Group	Body Language	SED 1 Self-Awareness	PD 1 Gross Motor		MR 1 Number Sense			
	Tabletop	Letter Press	SED 3 Attention & Persistence ★		LLD 4 Alphabetic Knowledge ★, LLD 7				
	Music & Movement	Relax & Sway	SED 2 Self-Regulation		LLD 1 Listening				
	Book	<i>When I Am Angry</i>	SED 2 Self-Regulation		LLD 6 Reading Comprehension				
	Center: Sensory	Making Faces	SED 1 Self-Awareness, SED 2					SS 1 Culture & Community	

SKILLS BY DOMAIN

SOCIAL & EMOTIONAL
 SED 1 Self-Awareness
 SED 2 Self-Regulation
 SED 3 Attention & Persistence
 SED 4 Social Relationships

PHYSICAL & MOTOR
 PD 1 Gross Motor
 PD 2 Fine Motor
 PD 3 Safety
 PD 4 Personal Care
 PD 5 Nutrition

LANGUAGE & LITERACY
 LLD 1 Listening (Receptive Language)
 LLD 2 Communication (Expressive Language)
 LLD 3 Phonological Awareness
 LLD 4 Alphabetic Knowledge
 LLD 5 Concepts of Print
 LLD 6 Reading Comprehension
 LLD 7 Writing

MATH & REASONING
 MR 1 Number Sense
 MR 2 Spatial Awareness
 MR 3 Shapes
 MR 4 Measurement
 MR 5 Patterns
 MR 6 Classification
 MR 7 Logic & Reasoning

SCIENCE
 SCI 1 Investigation & Inquiry
 SCI 2 Natural & Earth Science
 SCI 3 Physical Science
 SCI 4 Technology

SOCIAL STUDIES
 SS 1 Culture & Community
 SS 2 Civics & Economics
 SS 3 Geography
 SS 4 History & Sense of Time

CREATIVE ARTS
 CA 1 Music
 CA 2 Dance & Movement
 CA 3 Visual Arts
 CA 4 Drama

MY PETS WEEKLY ACTIVITY SKILL CHART

DATE _____



WEEK 3

	ACTIVITY TYPE	ACTIVITY TITLE	SOCIAL EMOTIONAL	PHYSICAL & MOTOR	LANGUAGE & LITERACY	MATH & REASONING	SCIENCE & TECH	SOCIAL STUDIES	CREATIVE ARTS
LESSON 11	Circle Time: Discussion	Dog			LLD 2 Communication				
	Circle Time: Activity	Show a Trick			LLD 2 Communication ★				CA 4 Drama ★
	Art: Make & Play	Dog Shaker		PD 2 Fine Motor	LLD 7 Writing				CA 1 Music
	Small Group	Letter T Trail		PD 1 Gross Motor	LLD 7 Writing, LLD 1			SS 3 Geography	
	Tabletop	Doggie Bowls		PD 2 Fine Motor		MR 6 Classification			
	Music & Movement	Doggie Doo-Wop			LLD 1 Listening				CA 4 Drama
	Book	The Pigeon Wants a Puppy			LLD 6 Reading Comprehension, LLD 5				
	Outside Discovery	Holes		PD 1 Gross Motor			SCI 4 Technology		
LESSON 12	Circle Time: Discussion	Cat			LLD 2 Communication				
	Circle Time: Activity	Cat, Where Are You?	SED 2 Self-Regulation						CA 1 Music
	Art: Make & Play	Cat Headband			LLD 7 Writing		SCI 2 Natural & Earth Science		CA 4 Drama
	Small Group	Pet Bingo			LLD 2 Communication	MR 6 Classification			
	Tabletop	Cat Bats			LLD 3 Phonological Awareness ★				CA 4 Drama ★
	Music & Movement	Surprised Cat	SED 4 Social Relationships						CA 4 Drama
	Book	They All Saw a Cat	SED 1 Self-Awareness		LLD 6 Reading Comprehension				
	Center: Dramatic Play	Fish Nets	SED 4 Social Relationships				SCI 3 Physical Science		
LESSON 13	Circle Time: Discussion	Bird			LLD 2 Communication				
	Circle Time: Activity	If You Were a Bird	SED 1 Self-Awareness		LLD 1 Listening				
	Art: Invitation to Create	Bird Collage		PD 2 Fine Motor	LLD 2 Communication, LLD 7				CA 3 Visual Arts
	Small Group	What Is It?			LLD 5 Concepts of Print ★, LLD 6 ★				
	Tabletop	Feed the Bird		PD 2 Fine Motor		MR 1 Number Sense			
	Music & Movement	Parrot Dance	SED 1 Self-Awareness						CA 2 Dance & Movement
	Book	Are You My Mother?			LLD 6 Reading Comprehension			SS 1 Culture & Community	
	Center: Science & Nature	Feather Investigation				MR 4 Measurement	SCI 3 Physical Science		
LESSON 14	Circle Time: Discussion	Fish			LLD 2 Communication				
	Circle Time: Activity	I Have a Little Goldfish	SED 4 Social Relationships	PD 1 Gross Motor					
	Art: Invitation to Create	Fishbowl		PD 2 Fine Motor ★	LLD 7 Writing ★		SCI 2 Natural & Earth Science		
	Small Group	How Many Fish?				MR 1 Number Sense			
	Tabletop	Fishing for Words	SED 3 Attention & Persistence		LLD 4 Alphabetic Knowledge				
	Music & Movement	Fish Bubbles		PD 1 Gross Motor					CA 4 Drama
	Book	One Fish Two Fish Red Fish Blue Fish			LLD 6 Reading Comprehension, LLD 3				
	Center: Sensory	Catching Ice		PD 2 Fine Motor			SCI 1 Investigation & Inquiry, SCI 4		
LESSON 15	Circle Time: Discussion	Turtle			LLD 2 Communication				
	Circle Time: Activity	Shell Syllables	SED 4 Social Relationships		LLD 3 Phonological Awareness				
	Art: Creative Corner	T Is for Turtle		PD 2 Fine Motor	LLD 3 Phonological Awareness, LLD 7				
	Small Group	Pet Choices	SED 1 Self-Awareness ★		LLD 2 Communication			SS 2 Civics & Economics ★	
	Tabletop	Watch Out, Turtle!		PD 1 Gross Motor		MR 7 Logic & Reasoning			
	Music & Movement	Turtle Parade	SED 4 Social Relationships	PD 1 Gross Motor					
	Book	Runaway Bunny		PD 1 Gross Motor	LLD 6 Reading Comprehension				
	Center: Blocks	Turtle Shell				MR 3 Shapes, MR 7			

SKILLS BY DOMAIN

SOCIAL & EMOTIONAL
 SED 1 Self-Awareness
 SED 2 Self-Regulation
 SED 3 Attention & Persistence
 SED 4 Social Relationships

PHYSICAL & MOTOR
 PD 1 Gross Motor
 PD 2 Fine Motor
 PD 3 Safety
 PD 4 Personal Care
 PD 5 Nutrition

LANGUAGE & LITERACY
 LLD 1 Listening (Receptive Language)
 LLD 2 Communication (Expressive Language)
 LLD 3 Phonological Awareness
 LLD 4 Alphabetic Knowledge
 LLD 5 Concepts of Print
 LLD 6 Reading Comprehension
 LLD 7 Writing

MATH & REASONING
 MR 1 Number Sense
 MR 2 Spatial Awareness
 MR 3 Shapes
 MR 4 Measurement
 MR 5 Patterns
 MR 6 Classification
 MR 7 Logic & Reasoning

SCIENCE
 SCI 1 Investigation & Inquiry
 SCI 2 Natural & Earth Science
 SCI 3 Physical Science
 SCI 4 Technology

SOCIAL STUDIES
 SS 1 Culture & Community
 SS 2 Civics & Economics
 SS 3 Geography
 SS 4 History & Sense of Time

CREATIVE ARTS
 CA 1 Music
 CA 2 Dance & Movement
 CA 3 Visual Arts
 CA 4 Drama

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FRIENDLY TRAITS WEEKLY ACTIVITY SKILL CHART

DATE _____



WEEK 4

SKILLS BY DOMAIN

SOCIAL & EMOTIONAL
 SED 1 Self-Awareness
 SED 2 Self-Regulation
 SED 3 Attention & Persistence
 SED 4 Social Relationships

PHYSICAL & MOTOR
 PD 1 Gross Motor
 PD 2 Fine Motor
 PD 3 Safety
 PD 4 Personal Care
 PD 5 Nutrition

LANGUAGE & LITERACY
 LLD 1 Listening (Receptive Language)
 LLD 2 Communication (Expressive Language)
 LLD 3 Phonological Awareness
 LLD 4 Alphabetic Knowledge
 LLD 5 Concepts of Print
 LLD 6 Reading Comprehension
 LLD 7 Writing

MATH & REASONING
 MR 1 Number Sense
 MR 2 Spatial Awareness
 MR 3 Shapes
 MR 4 Measurement
 MR 5 Patterns
 MR 6 Classification
 MR 7 Logic & Reasoning

SCIENCE
 SCI 1 Investigation & Inquiry
 SCI 2 Natural & Earth Science
 SCI 3 Physical Science
 SCI 4 Technology

SOCIAL STUDIES
 SS 1 Culture & Community
 SS 2 Civics & Economics
 SS 3 Geography
 SS 4 History & Sense of Time

CREATIVE ARTS
 CA 1 Music
 CA 2 Dance & Movement
 CA 3 Visual Arts
 CA 4 Drama

	ACTIVITY TYPE	ACTIVITY TITLE	SOCIAL EMOTIONAL	PHYSICAL & MOTOR	LANGUAGE & LITERACY	MATH & REASONING	SCIENCE & TECH	SOCIAL STUDIES	CREATIVE ARTS
LESSON 16	Circle Time: Discussion	Care			LLD 2 Communication				
	Circle Time: Activity	Caring People			LLD 7 Writing			SS 1 Culture & Community	
	Art: Invitation to Create	Caring Hands		PD 2 Fine Motor					CA 3 Visual Arts
	Small Group	Show You Care	SED 4 Social Relationships		LLD 1 Listening	MR 1 Number Sense			
	Tabletop	Roll & Feed	SED 4 Social Relationships ★	PD 5 Nutrition		MR 1 Number Sense ★			
	Music & Movement	Caring Notes	SED 4 Social Relationships		LLD 5 Concepts of Print				
	Book	<i>The Kissing Hand</i>			LLD 6 Reading Comprehension			SS 1 Culture & Community	
	Center: Dramatic Play	Pet Hospital	SED 4 Social Relationships				SCI 4 Technology	SS 1 Culture & Community	
LESSON 17	Circle Time: Discussion	Share			LLD 2 Communication				
	Circle Time: Activity	What Would You Do?	SED 1 Self-Awareness		LLD 1 Listening				
	Art: Make & Play	Sharing Bracelet	SED 4 Social Relationships	PD 2 Fine Motor					
	Small Group	Sharing Circles		PD 2 Fine Motor	LLD 7 Writing	MR 3 Shapes			
	Tabletop	Tea for All		PD 2 Fine Motor	LLD 2 Communication ★	MR 4 Measurement			CA 4 Drama ★
	Music & Movement	Sharing Love	SED 4 Social Relationships		LLD 1 Listening				
	Book	<i>Mama Panya's Pancakes</i>			LLD 6 Reading Comprehension			SS 1 Culture & Community	
	Center: Science & Nature	Sharing Colors	SED 4 Social Relationships				SCI 3 Physical Science		
LESSON 18	Circle Time: Discussion	Help			LLD 2 Communication				
	Circle Time: Activity	Sign for Help	SED 4 Social Relationships		LLD 2 Communication			SS 1 Culture & Community	
	Art: Invitation to Create	Tears	SED 2 Self-Regulation ★	PD 2 Fine Motor ★			SCI 4 Technology		CA 3 Visual Arts
	Small Group	Help Make Words			LLD 4 Alphabetic Knowledge, LLD 3, LLD 7				
	Tabletop	Help! It's Missing!		PD 2 Fine Motor		MR 6 Classification, MR 7			
	Music & Movement	Help Pick	SED 4 Social Relationships	PD 1 Gross Motor					
	Book	<i>You Are My Sunshine</i>	SED 2 Self-Regulation		LLD 6 Reading Comprehension				
	Outside Discovery	Help! I'm Lost!		PD 3 Safety					CA 4 Drama
LESSON 19	Circle Time: Discussion	Encourage			LLD 2 Communication				
	Circle Time: Activity	Give Me Five!	SED 4 Social Relationships			MR 1 Number Sense			
	Art: Creative Corner	Encouraging Words		PD 2 Fine Motor	LLD 7 Writing, LLD 2				
	Small Group	Building Support	SED 4 Social Relationships ★		LLD 2 Communication ★	MR 7 Logic & Reasoning			
	Tabletop	Stamping Encouragement	SED 4 Social Relationships	PD 2 Fine Motor	LLD 2 Communication				
	Music & Movement	Friendly Parade			LLD 2 Communication				CA 2 Dance & Movement
	Book	<i>The Little Engine That Could</i>			LLD 6 Reading Comprehension				
	Center: Sensory	Encourage to Grow					SCI 2 Natural & Earth Science, SCI 4		
LESSON 20	Circle Time: Discussion	Cooperate			LLD 2 Communication				
	Circle Time: Activity	Move Together	SED 4 Social Relationships	PD 1 Gross Motor		MR 7 Logic & Reasoning			
	Art: Creative Corner	My Portfolio	SED 1 Self-Awareness		LLD 2 Communication, LLD 7			SS 4 History & Sense of Time	
	Small Group	Taking Turns	SED 4 Social Relationships	PD 1 Gross Motor	LLD 4 Alphabetic Knowledge				
	Tabletop	Building with Friends	SED 4 Social Relationships			MR 2 Spatial Awareness, MR 3			
	Music & Movement	Cooperation Circle	SED 4 Social Relationships ★		LLD 1 Listening				CA 2 Dance & Movement ★
	Book	<i>Come Along, Daisy!</i>			LLD 6 Reading Comprehension				
	Center: Blocks	Cooperative Construction	SED 4 Social Relationships			MR 7 Logic & Reasoning			