



My Feelings Calendar



experience
toddler

Circle Time

Story Time

Creative Corner

Discovery Time

Music & Movement

LESSON 1

Feeling Happy & Sad

★ SED 1d SELF-AWARENESS

Talk about feeling happy and sad. Use facial expressions and body language to show emotions.

Bunny Reading

LLD 6a & LLD 6b READING COMPREHENSION

Explore the books. Practice turning pages from front to back. Answer questions about the story or characters.

Bunny Headband

CA 4a DRAMA

Make a Bunny Headband and pretend to hop around gathering pretend apples.

Apple in the Hole

M 6 CLASSIFICATION
PD 1 GROSS MOTOR

Toss pompoms into matching colored cups.

Stretch Together

CA 2a DANCE & MOVEMENT

Dance with scarves without touching each other.

LESSON 2

Colorful Emotions

LLD 3b PHONOLOGICAL AWARENESS

Roll the cube and name the emotion. Repeat words or simple sentences, then jump once for each word.

Where is Bunny?

★ LLD 6a & LLD 6b READING COMPREHENSION

Identify the characters in a story. Hold a character Story Piece and look for it in the book.

Bunny Stickers

LLD 7a & LLD 7b WRITING
LLD 2a COMMUNICATION

Add stickers, draw or write about Bunny and Bear and use fingerprints or drawings to make apples.

Apple Tree

M 2b SPATIAL AWARENESS

Create dough balls and pretend they are apples. Use positional words to place the apples on the tree.

Kind Dance

CA 2a DANCE & MOVEMENT

Raise one finger and listen for the word "kind." Dance freely and act out verses like "hug from your heart" and "share your toy."

LESSON 3

The Letter P

LLD 4 ALPHABETIC KNOWLEDGE

Learn the letter Pp and it's sound through letter play and a song.

Happy Sticks

SED 1d SELF-AWARENESS

Read the book and pause at the word "happy." Sign it and place a stick in the cup. Explore emotions by making faces and naming it.

Dot-a-Heart

SS 1a CULTURE & COMMUNITY
CA 3b VISUAL ARTS

Decorate a heart shape with dots by dipping a cotton swab in paint.

Happy Sad Patterns

★ M 5 PATTERNS

Explore AB patterns using Happy Sad Pattern Cards.

Dance to Red

CA 2b DANCE & MOVEMENT
SED 3b SOCIAL RELATIONSHIPS

Dance with a partner. Hold hands and move together to the red paper, then to the green paper.

LESSON 4

Roll & Toss Apples

LLD 2d COMMUNICATION

Toss pompoms into the bear or bunny bucket and say the character name or ask questions.

How Do You Feel?

LLD 6a READING COMPREHENSION
SED 1d SELF-AWARENESS

Look closely at the faces in pictures, name the feeling and act it out.

Design a Bunny

★ CA 4a DRAMA

Arrange a variety of shapes on the paper to create a bunny picture or collage. Then pretend to be a bunny.

Hole Drop

SCI 1a INVESTIGATION & INQUIRY
ATL 1a ATTENTION & PERSISTENCE

Explore cause and effect. Drop a pompom into a hole in a box. Watch it disappear, then find it inside the box.

Share the Music

CA 1b MUSIC

Take turns passing and sharing an instrument.

LESSON 5

Happy Feet

★ SED 4b PROBLEM-SOLVING

Walk through an obstacle course and discuss the consequences of running.

I Will Surprise My Friend!

LLD 2c COMMUNICATION

Read a book and answer questions about the characters and personal experiences.

Bear's Apple Tree

LLD 7a WRITING
PD 2 FINE MOTOR

Explore coloring a picture of Bear and Bunny from the Forest Friends story.

Numbers 1 to 6

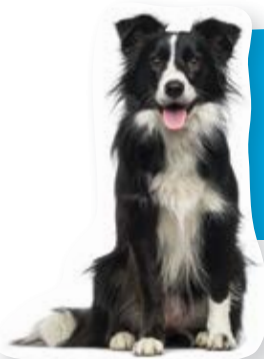
M 1b NUMBER SENSE

Roll the cube and name the number. Walk together to find the matching number.

Happy & Sad

CA 2b DANCE & MOVEMENT

Listen for the words "happy" and "sad." Sign the words to the music.



My Pets Calendar



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LESSON 1

About Dogs

★ LLD 2a COMMUNICATION

Sign, talk about dogs and pretend to be dogs by barking and moving like them.

Pets Path

LLD 1b LISTENING

Trace the tape line from left to right each time you read "follow the path."

Pet Shadows

PD 2 FINE MOTOR

Identify a named sticker and peel it off the sheet.

Fish Patterns

M 5 PATTERNS

Explore the Fish Pattern Cards and talk about their colors and designs. Match and create AB patterns.

Downward Dog

CA 2a DANCE & MOVEMENT

Do stretches to a song to improve balance and strength.

LESSON 2

Pet Poem

LLD 3a PHONOLOGICAL AWARENESS

Read a poem and do movements. Repeat the poem and say the last word or fill in rhyming words.

Pets Eat

LLD 2c COMMUNICATION

Read the book and pause to ask what each animal will eat.

Cat Ears

PD 1 GROSS MOTOR
CA 4a DRAMA

Create a Cat Headband, then use role-playing to make sense of our surrounding world.

Nature Explore & Sort

★ SCI 2a NATURAL & EARTH SCIENCE
M 6 CLASSIFICATION

Collect nature items like leaves and sticks. Explore the materials and sort them into groups.

Stomp the Circle

CA 2b DANCE & MOVEMENT

Stomp along to the beat of a song. Children follow a circular path while one child dances freely inside the circle.

LESSON 3

The Letter T

LLD 4 ALPHABETIC KNOWLEDGE

Learn the letter Tt and it's sound through letter play and a song.

Roll & Match Pets

LLD 2d COMMUNICATION
M 6 CLASSIFICATION

Roll a cube and walk to the matching Story Piece hanging on the wall.

Handprint Fish

CA 3b VISUAL ARTS

Make a handprint with paint and decorate it to look like a pet fish.

Dog Bone Counting

M 1a & M 1c NUMBER SENSE

Count to five and place one bone on each space on the Dog Bone Counting Mat.

Red Leader

★ CA 2b DANCE & MOVEMENT

Take turns being the movement leader. Hold the red ribbon and lead others around the chairs.

LESSON 4

Pet Feelings

SED 1d SELF-AWARENESS

Roll the Pocket Cube, make facial expressions and pretend to be pets showing different feelings.

My First Book of House Pets

LLD 2d COMMUNICATION

Read the book, name the pets and ask "Do you have a favorite pet?"

Pet Bird

SCI 3a PHYSICAL SCIENCE

Investigate feathers and how they float. Then glue the materials onto paper to create a collage.

Counting Feathers

★ M 1b & M 1c NUMBER SENSE

Look at a card and count the feathers. Make a bird body with playdough and stick in the same number of feathers.

Sky Circles

CA 1b MUSIC

Play a shaker to the music and move it in a circular motion. Move it fast and slow in a big circle, then repeat in a little circle.

LESSON 5

Caring for Pets

LLD 2a COMMUNICATION

Talk about how to keep pets happy and healthy, and encourage pretend feeding, brushing and petting.

Maisy Gets a Pet

LLD 2b COMMUNICATION

Read the story, point to the illustrations and ask questions.

Pets Maze

★ SED 1b SELF-AWARENESS
LLD 7a WRITING

Strengthen fine motor and early writing skills by drawing inside a maze path. Retrace the path in different colors.

Dog Bath

SCI 3b PHYSICAL SCIENCE

Explore washing and drying toy animals. Set them out to dry or roll them in sand and wash them again.

Dog & Cat

LLD 1a LISTENING

Listen for the words "dog" and "cat." Sign the words to the music.





Friends Calendar



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Circle Time

LESSON 1

Caring People

★ **SS 1a** CULTURE & COMMUNITY
ATL 2b FLEXIBILITY & PLAY

Find and explore family and pet photos. Say or gesture “hello” or “goodnight” to the pictures.

Story Time

Jack & Jill

LLD 5 CONCEPTS OF PRINT

Place a sticky note on each book page. Lift the flap and determine if a word or picture is hiding.

Creative Corner

Stickers on a Hill

CA 3b VISUAL ARTS

Hold the sticker sheet with one hand and peeling off a sticker with the other/dominant hand.

Discovery Time

Hill Shapes

M 3 SHAPES
M 4a MEASUREMENT

Place foam circles on the mat’s circles.

Music & Movement

Hold Up Red

CA 2b DANCE & MOVEMENT

While the song plays, listen for the word “red” and hold up the red paper.

LESSON 2

Find & Match Letters

LLD 4 ALPHABETIC KNOWLEDGE

Review the letters Ff, Pp and Tt by playing a matching game.

I’m in the Rhyme

PD 3 SAFETY
LLD 3a PHONOLOGICAL AWARENESS

Explore safe and unsafe places to play. Read the book and repeat or suggest the last word on each page.

Crown

CA 4a DRAMA
PD 2 FINE MOTOR

Hunt and find stickers to add to a pretend crown.

Friendship Bubbles

★ **M 1d** NUMBER SENSE

Recognize two or three bubbles without counting.

Stretch & Pat

CA 1b MUSIC

Bend down and reach up. Explore clapping slowly, then quickly.

LESSON 3

Stand Up

LLD 1a LISTENING
SED 3c SOCIAL RELATIONSHIPS

Practice signing the words “up” and “down.”

Stack a Hill

LLD 6b READING COMPREHENSION
SED 3c SOCIAL RELATIONSHIPS

Stack blocks on the Jack picture card each time the name “Jack” is read aloud.

Squirt Art

CA 3a VISUAL ARTS
LLD 4 ALPHABETIC KNOWLEDGE

Build fine motor control by squeezing an eyedropper and squirting paint onto paper.

Design a Friend

★ **PD 2** FINE MOTOR
SED 3d SOCIAL RELATIONSHIPS

Roll playdough into balls to make people using nature items and craft sticks. Add facial expressions and label their feelings.

Hill Path

SS 3b GEOGRAPHY
PD 1 GROSS MOTOR

Dance and improve balance by walking foot in front of foot on a ribbon. Step over obstacles.

LESSON 4

Share the Beanbag

★ **M 1a** NUMBER SENSE
SED 3c SOCIAL RELATIONSHIPS

Pass a beanbag around the circle while counting to five.

Yes You Can, Cow!

LLD 5 CONCEPTS OF PRINT
SED 3d SOCIAL RELATIONSHIPS

Point out words and pictures, and notice Cow’s feelings.

Gluing Circles

M 3 SHAPES
ATL 1a ATTENTION & PERSISTENCE

Explore squeezing glue with control while making a circle collage.

Spoonful of Water

M 4a MEASUREMENT

Explore the size of spoons. Scoop a spoonful of water from one bowl and dump it into another.

The Kindness Drum

CA 1a MUSIC
SED 3c SOCIAL RELATIONSHIPS

Make music with friends by tapping with sticks on one box together.

LESSON 5

Say or Slide

★ **LLD 3b** PHONOLOGICAL AWARENESS

Invite the children to repeat family and pet words and simple sentences. Say a sentence and take a sliding step for each word.

Come Along Daisy

LLD 6b READING COMPREHENSION

Read the book and talk about the main characters and setting. Answer “where” questions, point to pictures and repeat key words while identifying animals in the story.

Jack and Jill Together

LLD 7a WRITING

Write or draw about cooperation. Ask the children to describe their work as they color.

Water the Flowers

M 1b NUMBER SENSE
M 6 CLASSIFICATION

Explore numeral names, pick flowers with matching numbers, replant them and sort by color.

Up & Down

CA 2b DANCE & MOVEMENT
LLD 1a LISTENING

Listen for the words “up” and “down.” Sign the words to the music.

My Family Calendar



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LESSON 1

My Family Rhyme

★ LLD 3a PHONOLOGICAL AWARENESS

Read a poem and invite the children to join by repeating, moving and filling in rhyming words.

Little Red & Lonely Wolf

LLD 6a & LLD 6b READING COMPREHENSION

Explore the book and how to hold it right-side up. Use the pictures on the pages as clues to what is happening in the story.

Family Shopping

CA 4a DRAMA
LLD 2a COMMUNICATION

Decorate a basket and fill it with small items. Ask "What's in your basket?" and narrate the children's play.

Family Cleanup Time!

M 1a NUMBER SENSE
M 6 CLASSIFICATION

Pick up and count circles. Start by putting them in one box, then sort by color into two boxes. Count during clean up.

Sing R-E-D

LLD 3c PHONOLOGICAL AWARENESS
CA 1c MUSIC

Make a tube and sing short /e/ sounds into it. Explore singing while looking in a mirror.

LESSON 2

The Letter F

LLD 4 ALPHABETIC KNOWLEDGE

Learn the letter Ff and it's sound through letter play and a song.

Listen for Little Red

LLD 6b READING COMPREHENSION

Listen actively and hold up the Story Piece when a character is named during a read-aloud.

My Family & Me

LLD 7a WRITING

Write and draw about family.

Dress Up Little Red

★ M 2a SPATIAL AWARENESS
ATL 1b ATTENTION & PERSISTENCE

Play with a puzzle and dress up Little Red with a top and bottom. Talk about the weather and what is appropriate to wear.

Stretch Alone

CA 2b DANCE & MOVEMENT

Dance in personal space on a towel. Pause the music and run to another towel.



LESSON 3

Fun with Family

★ LLD 3b PHONOLOGICAL AWARENESS

Use simple sentences to describe activities. Repeat and clap for each word.

Big & Little Voices

LLD 2a COMMUNICATION
LLD 1a LISTENING

Use a big and little voice while making the "big" and "little" signs.

Stamping Circles

CA 3b VISUAL ARTS

Dip cups in paint to stamp circles on paper and create art.

Baking With My Family

M 1c NUMBER SENSE

Count, match colors and pretend to bake muffins for one's family.

Catch Kindness

SED 3b SOCIAL RELATIONSHIPS
PD 1 GROSS MOTOR

Explore tossing and catching the beanbags while the music plays.

LESSON 4

Stand Tall, Look at Me!

★ SED 1a SELF-AWARENESS
4a MEASUREMENT

Look in the mirror and name body parts. Measure and mark heights on the wall with tape, then compare.

Who Takes Care of You?

LLD 6b READING COMPREHENSION
SS 1a CULTURE & COMMUNITY

Identify and describe families and family members.

Red Apple

PD 2 FINE MOTOR

Strengthen fine motor coordination by threading yarn in and out of holes.

Big Wolf Bag

ATL 1a ATTENTION & PERSISTENCE
M 4a MEASUREMENT

Explore concepts of size. Put the big circles in the big bag decorated to look like a wolf and put the small circles in the small "Little Red" bag.

Start & Stop Shake

CA 1b MUSIC

Transition between starting and stopping. Hold the instrument still or shake when prompted.

LESSON 5

Grandma's Glasses, Grandpa's Hat

★ LLD 3a PHONOLOGICAL AWARENESS

Listen to, repeat and fill-in the missing rhyming word in a poem.

Lola Reads to Leo

LLD 5 CONCEPTS OF PRINT
LLD 2d COMMUNICATION

Show and talk about the book cover. Repeat key words or name familiar objects during a story.

Little Red

SED 1b SELF-AWARENESS
PD 2 FINE MOTOR

Practice the pincer-grasp by peeling off desired stickers and decorating a sheet of paper.

Muffins for Mom

M 1c & M 1d NUMBER SENSE

Pretend to bake muffins with pompoms. Place one in each muffin tin section, then pull some out and count how many are "for mom."

Little & Big

LLD 1a LISTENING
M 4a MEASUREMENT

Listen for the words "little" and "big" Sign the words to the music.