Tracks & Lymes



Jump, Sing and Dance Along!

Explore new rhythms, theme-related lyrics, and instruments unique to the featured musical genre of the month. While dancing along to the music, children build coordination and balance as they learn to creatively express ideas through movement.

Track 1 This Little Piggy

This little piggy went to market,
This little piggy stayed home.
This little piggy had roast beef,
This little piggy had none.
And this little piggy cried, "Wee, wee, wee!"
All the way home.

Track 2 Sing a Song of Sixpence

Sing a song of sixpence, A pocket full of rye. Four and twenty blackbirds Baked in a pie. When the pie was opened, The birds began to sing; Wasn't that a dainty dish To set before the king?

Track 3 1, 2, Buckle My Shoe

1, 2, Buckle my shoe. 3, 4, Shut the door. 5, 6, Pick up sticks. 7, 8, Lay them straight. 9, 10, Do it again!

Track 4 Hickory Dickory Dock

Hickory dickory dock,
The mouse ran up the clock.
The clock struck one,
The mouse ran down,
Hickory dickory dock!

T_{rack} 5 Baa, Baa, Black Sheep

Baa, Baa, black sheep,
Have you any wool?
Yes sir, yes sir -- three bags full:
One for the master,
One for the dame,
And one for the little boy,
Who lives down the lane.

Track 6 Humpty Dumpty

Humpty Dumpty sat on a wall.
Humpty Dumpty had a great fall.
All the king's horses,
And all the king's men
Couldn't put Humpty together again!

Track 7 There Was

There was a crooked man,
And he walked a crooked mile.
He found a crooked sixpence,
Against a crooked stile.
He bought a crooked cat,
Which caught a crooked mouse,
And they all lived together,

In a crooked little house.

a Crooked Man

Track 8 Itsy, Bitsy Spider

The itsy, bitsy spider
Climbed up the water spout.
Down came the rain,
And washed the spider out.
Out came the sun,
And dried up all the rain,
And the itsy, bitsy spider
Climbed up the spout again.

Track 9 Hey Diddle Diddle

Hey diddle diddle,
The cat and the fiddle,
The cow jumped over the moon.
The little dog laughed
To see such sport,
And the dish ran away with the spoon.



Track 10 Old King Cole

Old King Cole was a merry old soul And a merry old soul was he; He called for his wife And he called for his bowl And he called for his fiddlers three.

Track 11 Pat-a-Cake

Pat-a-cake, pat-a-cake, baker's man, Bake me a cake as fast as you can. Roll it and pat it, then mark it with a "B," Put it in the oven for my baby and me!

Track 12 Old Mother Hubbard

Old Mother Hubbard went to the cupboard To give her poor dog a bone. But when she got there, The cupboard was bare, And so the poor dog had none.

Track 13 Little Jack Horner

Little Jack Horner
Sat in the corner,
Eating a piece of pie.
He put in his thumb
And pulled out a plum
And said, "What a good boy am I!"

Track 14 There Was an Old Woman

There was an old woman Who lived in a shoe. She had so many children, She knew just what to do. She gave them some broth And baked them some bread, Then gave them all kisses And sent them to bed.

Track 15 Hot Cross Buns

Hot cross buns,
Hot cross buns,
One a penny, two a penny,
Hot cross buns.
If your daughters don't like 'em,
Give 'em to your sons.
One a penny, two a penny,
Hot cross buns.

Track 16 Little Boy Blue

Little Boy Blue, come blow your horn.
The sheep's in the meadow,
The cow's in the corn.
Where is the boy who looks after the sheep?
He's under the haystack, fast asleep!

Track 17 Little Bo Peep

Little Bo Peep
Has lost her sheep
And doesn't know where to find them.
Leave them alone,
And they'll come home,
Wagging their tails behind them.

Track 18 Little Miss Muffet

Little Miss Muffet
Sat on a tuffet,
Eating her curds and whey.
Along came a spider
Who sat down beside her
And frightened Miss Muffet away!

Track 19

Twinkle, Twinkle, Little Star

Twinkle, twinkle, little star,
How I wonder what you are.
Up above the world so high,
Like a diamond in the sky.
Twinkle, twinkle, little star,
How I wonder what you are.

Track 20 Mary Had a Little Lamb

Mary had a little lamb.

Its fleece was white as snow.

Everywhere that Mary went,
The lamb was sure to go.

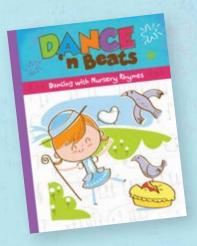
It followed her to school one day,
Which was against the rule.

It made the children laugh and play,
To see a lamb at school.



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