Tracks & Lyrics

DANCE 'n Beats

Jump, Sing and Dance Along! Explore new rhythms, theme-related lyrics, and instruments unique to the featured musical genre of this album. While dancing along to the music, children will build coordination and balance as they learn to creatively express ideas through movement.

Track 1
I'm Special

Look at me, can you see
I was made perfectly
Exactly me

Look at you
And all you do
You are different than me
That's diversity

You and me special, different
You and me, one of a kind

Track 2
In My Pocket

I put my hand in my pocket
You're never gonna guess what I pulled out
I put my hand in my pocket
You're never gonna guess what I pulled out

A pencil, a penny, a piece of pepperoni
A package, a paddle, and a pail of pink paint
A peacock, a palm tree, a prickly porcupine
A panda, a parrot, and a partly peeled peach

A pizza, a plum, and a picked patch of pumpkins
A pickup, a pigeon, and a pig playing piano
A pillow, a playhouse, a purple plastic platter
A pony, a princess, and a pond with a platypus

Track 3
Arms Are for Hugging

Spread out your arms
Wider than the sea
Open your heart
It's as simple as can be

Because...
Arms are for hugging
When you feel sad
Arms are for hugging
They make me glad

Track 4
See the Sunshine

I see the sun warming up the sky
Twirling 'round and 'round, 'round and 'round
I see the sun warming up the sky
Twirling 'round and 'round, 'round and 'round

Come on dance like the sun

Whoa oh oh
Whoa oh oh
Whoa oh oh oh

I feel the wind blowing through the trees
Bending side-to-side, side-to-side
I feel the wind blowing through the trees
Bending side-to-side, side-to-side

Come on dance like the wind

I hear the thunder rolling over the hill
Rumbling over and over, over and over
I hear the thunder rolling over the hill
Rumbling over and over, over and over

Come on dance like the thunder

I taste the rain, falling on my tongue
My mouth wide open, open, open
I taste the rain, falling on my tongue
Mouth wide open, open, open

Come on dance like the rain

I smell the flowers, reaching up to me
Petals stretching, stretching, stretching
I smell the flowers, reaching up to me
Petals stretching, stretching, stretching

Come on stretch

Track 5
Wiggle and Giggle

Wiggle your toes, wiggle your nose
Then wiggle 'round and 'round
Wiggle your toes, wiggle your nose
Then wiggle 'round and 'round

Just wiggle and giggle
And have a good time
Wiggle and giggle
And have a good time

Let me see you
Touch your eye, then touch your thigh
Then jump up and touch the sky
Touch your eye, then touch your thigh
Then jump up and touch the sky

Track 6
Too Hot to Touch

Too, too hot to touch
Did you hear me now
Too hot to touch
Hands off, careful now
That pan is way too hot to touch

On the stove the pans are hot
Be careful now it can burn your hand
Keep your fingers safe

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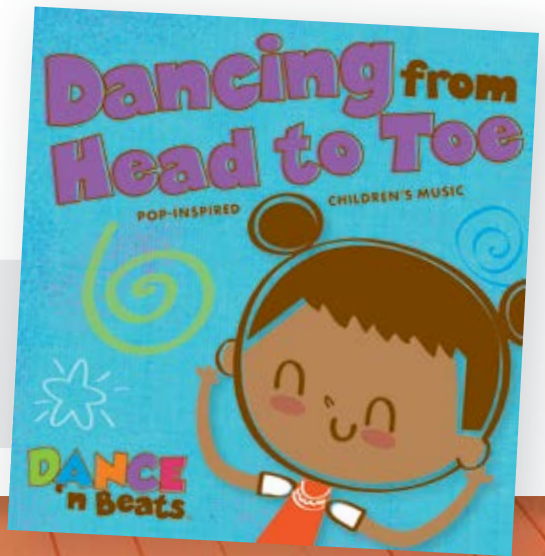
You can find it on Amazon Music, Apple Music, Spotify, YouTube and in Member Resources and the brightwheel app.



Track 7
Dancing Shoes (Instrumental)

Track 8
Buttons

I had a brand new shirt
With three big blue buttons
I counted them one, two, three
Then climbed an apple tree

Up, up, up I went
Pop! Off came my button
Down, down, down it dropped
Then hit the ground and stopped.

I had a brand new shirt
With three big blue buttons
I counted them one, two, oh dear me!
I can't see number three

Tiptoe to the left
Tiptoe to the right
Yippee, there I see
Button number three!

Track 9
Head, Shoulders, Knees & Toes

Head, shoulders, knees and toes, knees and toes
Head, shoulders, knees and toes, knees and toes
And eyes and ears and mouth and nose
Head and shoulders, knees and toes,
knees and toes

Track 10
Tall Yellow Hat

I've got a tall yellow hat
A tall yellow hat
I like to wear it on my head

Take it off
Spin around
Wave it high
Lay it down

Track 11
Brush Your Teeth

Brush your teeth, brush your teeth
Grab the toothpaste tube with a little squeeze
It's time to brush, your teeth
Brush your teeth, brush your teeth
Brush the tops, the sides and underneath
It's time to brush your teeth

Lemme see ya brush side-to-side, side-to-side
Side-to-side and side-to-side again
Lemme see ya brush 'round and 'round,
'round and 'round
'Round and 'round and 'round again

Lemme see ya brush up and down, up and down
Up and down, and up and down again
Lemme see ya brush 'round and 'round,
'round and 'round
'Round and 'round and 'round again

Track 12
Counting Sheep

If you want to feel your best,
take a nice long rest
Sleep all night long every day,
then wake up to play
Sweet child, show us how you sleep
And count the sheep

One, two, three, four, five, six, seven, eight, nine, ten,
let's sing again
One, two, three, four, five, six, seven, eight, nine, ten

Need More Wiggle & Giggle Time?

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