

Jump, Sing and Dance Along!

Explore new rhythms, theme-related lyrics, and instruments unique to the featured musical genre of this CD. While dancing along to the music, children build coordination and balance as they learn to creatively express ideas through movement.

Track 1 Include Everyone

Hold hands and make a circle
Include everyone
Hold hands and make a circle
And include everyone

Reach hands high and wave hello
Wave to everyone
Reach hands high and wave hello
And wave to everyone

Look around with a great big smile
Smile at everyone
Look around with a great big smile
And smile at everyone

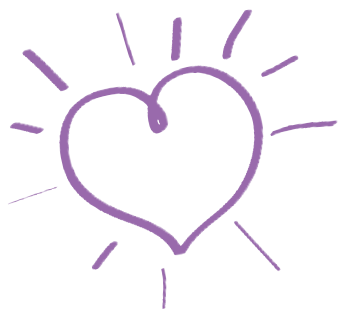
Track 2 Make New Friends

Come on, come on let's go
And make new friends,
come on be my friend!
Come on, come on let's play
Let's learn today, yeah let's learn today!

Come to my school to learn and to play
We're gonna learn a lot every day!

Come to my home, let's play outside
It'll be so much fun to run and hide!

Come to my heart, I'll let you in
You'll be my friend, through thick and thin



Track 3 Give a Little Hug

Give a little hug to show that you care
Give a little hug anytime, anywhere
Give a little hug to spread a little love
Give a little hug

Are you feeling sad? A hug is just what you need
Do you feel afraid? A hug will calm your fear
Do you feel hurt? A hug will make it better
Are you feeling happy? Give a hug and a cheer

Are you feeling sad? I see your arms down low
Are you feeling sad? Your steps are so slow
Can I make you glad? I know what makes it better
I have a hug to share to show you that I care

Track 4 Body Language

What can you say without sayin' a word?
What can you do to show me your mood?
Body language
Body, body, body language

Your arms are crossed, your eyes are narrow
I see your teeth, you must be angry!

Your eyebrows are up, hands are clapping
I see your smile, you must be happy!

Your cheeks are droopy,
your eyes are dripping
Your shoulders are slumped,
you must be sad

Track 5 Scary Sounds (Instrumental)

Track 6 My Favorite Things

I've got a few favorite things,
I've got a few favorite things
Like my favorite letter, my favorite number
My favorite shape and my favorite color
I've got a few favorite things,
but my favorite friend is you!

What's your favorite letter?
What's your favorite number?

What's your favorite shape?
What's your favorite color?

Track 7 Dancing Your Feelings (Instrumental)



Track 8 We Are All Special

I have a friend who does not look like me
Touch your hair, is it like mine?
If not, don't worry it's fine

I have a friend who does not talk like me
Touch your mouth,
does it speak words like mine?
If not, don't worry it's fine

We are different you see
Different is beautiful to me
No matter your name, we are all the same
We play and laugh and cry the same way
We are different you see
Different is beautiful to me

I have a friend who does not walk like me
Can you move your legs like mine?
If not, don't worry it's fine

Track 9 Pick Up the Phone

Pick up, pick up, pick up the phone
If you're home just pick up the phone
And call me

Ring-a-ling-a-ling-a-ling
Let's talk all day
1-2-3-4-5-6-7-8-9

Track 10 Pop Goes the Dance (Instrumental)

Track 11 Are You Listening?

Are you listening, are you listening
With your ears, with your ears
Show me how you listen,
show me how you listen
With your ears, with your ears

Are you listening, are you listening
With your eyes, with your eyes
Show me how you listen,
show me how you listen
With your eyes, with your eyes

Are you listening, are you listening
With your hands, with your hands
Show me how you listen,
show me how you listen
With your hands, with your hands

With your eyes, with your ears

Track 12 I'm Sorry

I was swimmin' the wrong way
It wasn't a fair way for me to play

I'm sorry, I need to say I'm sorry
I don't want to hurt you today

Even though I'm just a little fish
I wish everything I say and do would show you I
love you

Track 13 Happy Dance (Instrumental)

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