



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

1 **Hello & Goodbye**
LLD 2 Communication
Listen to a song and play a hello-goodbye game with a block.

1 **On & Off Socks**
PD 2 Fine Motor
Coordinate hand-eye movements to pull socks off a foot or hand.

1 **Bye Bye, Tower**
MR 2 Spatial Awareness
Stack cups. Knock over the tower, wave and say, "Bye bye." Rebuild and do it again.

2 **Here It Comes**
SED 1 Self-Awareness
Take balls out of a bucket. Roll them towards the child, then down a ramp.

2 **Spoon Drop**
PD 2 Fine Motor
Build coordination by reaching down for spoons, then standing up to drop it in a pot.

2 **Snuggle Sounds**
MR 5 Patterns
Explore the swinging movements of toys on ribbons while listening to a relaxing song.

3 **Hat On, Hat Off**
SED 2 Self-Regulation
Play peek-a-boo and make different faces each time you take off a hat. Explore own body in space.

3 **Ring the Bell**
PD 1 Gross Motor
Listen to a song while ringing a bell, then work together at cleaning up.

3 **Changing Shapes**
MR 3 Shapes
Explore shapes and 3D objects while having a diaper changed. Investigate their shape, size and color.



WEEK 2

4 **Circle Collage**
LLD 1 Listening
Push and pat circles onto contact paper.

4 **Playtime Parade**
PD 2 Fine Motor
Respond to changes in music by waving a scarf slowly, then quickly.

4 **Where Is Baby?**
MR 2 Spatial Awareness
Express concern for a lost baby doll as you pick up boxes and look for it.

5 **Jack in the Box**
LLD 3 Phonological Awareness
Listen to a song and interact with a puppet. Pretend the puppet is asleep, then suddenly wakes up.

5 **Weight Walk**
PD 1 Gross Motor
Put blocks in and take them out of a backpack. Wear the heavy backpack on a walk to strengthen muscles and refocus energy.

5 **Go with the Ball**
MR 3 Shapes
Practice balancing skills while moving from inside to outside, holding a ball.

6 **Under the Blanket**
LLD 1 Listening
Explore the sensation of being under a blanket, also adding the soft weight of pillows.

6 **The Way We Wash**
PD 2 Fine Motor
Explore squeezing a wet sponge on body parts called out in a song. Move water from one bowl to another with the sponge.

6 **Diaper Time**
MR 6 Classification
Participate in a routine and anticipate what comes next by helping in the process.



WEEK 3

7 **Look at Books**
LLD 3 Phonological Awareness
Listen to a song about books and explore opening, closing and turning pages of a book.

7 **Step On Up**
PD 1 Gross Motor
Explore a small step stool. Sit on it, climb over it and stand on it.

7 **Hold or Drop?**
MR 1 Number Sense
Work on one-to-one correspondence by handling balls and dropping them in a pot.

8 **Time for a Walk**
LLD 2 Communication
Move around a box while listening to a song. Look at and explore nature objects taped to the box.

8 **Farmers' Market**
PD 1 Gross Motor
Explore photos of fruits and vegetables. Pretend to shop at a market.

8 **Feed the Puppy**
MR 3 Shapes
Pretend to feed bones to a puppy. Put craft sticks in a cup decorated like a puppy.

9 **Light & Heavy**
SED 3 Attention & Persistence
Play peek-a-boo with a feather and say "tweet" to bring it out from hiding. Play again with a heavy block.

9 **Yum Yum**
PD 4 Personal Care
Use hand-eye coordination and explore transferring cereal from a full bowl to an empty bowl.

9 **Squish Squish**
MR 6 Classification
Listen to a song and follow the hand movements called out in it. Explore manipulating mud.



WEEK 4

10 **Zoom! Driving**
LLD 1 Listening
Roll a toy car and make 'zoom' sounds. Follow a masking tape path and drive to different-colored papers on the floor.

10 **Can You Sit Up?**
PD 2 Fine Motor
Dance to a song together. Explore movements with a scarf.

10 **Where Is the Ball?**
MR 2 Spatial Awareness
Explore putting a ball "on top of" body parts or other objects.

11 **Time to Eat**
LLD 1 Listening
Explore feeding oneself while listening to a song about eating.

11 **Baby Food Roads**
PD 4 Personal Care
Make roads by drawing in baby food with fingers.

11 **Find the Food**
MR 2 Spatial Awareness
Move around the room, name and roll a ball to the photos of different fruits and vegetables.

12 **Hidden Foods**
LLD 5 Concepts of Print
Turn pages in a book and find pictures of healthy foods between the pages.

12 **Clean-Up Time**
PD 1 Gross Motor
Dump socks (and blocks) out of a box, then sort them and pick them up.

12 **Time to Rest**
MR 6 Classification
Move from one blanket to another and practice settling down after playing.

