



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

- 1** **Robot Dance**
SED 3 Attention & Persistence
Listen to a song and move a rattle back and forth.
- 1** **Reach for Discs**
PD 2 Fine Motor
Coordinate movements to grab an object.
- 1** **Build a Robot**
MR 2 Spatial Awareness
Stack cups or recycled containers, then knock them down. Repeat.

- 2** **Joy Roll**
SED 2 Self-Regulation
Pull balls out of a bag. Make surprised and excited facial expressions. Find a favorite ball and play with it.
- 2** **Texture Jar**
PD 2 Fine Motor
Build coordination by reaching down for a textured shape and standing up to put it in a jar.
- 2** **Wonder Clouds**
MR 6 Classification
Explore touching a cotton ball cloud while moving slowly around the room to music.

- 3** **Stick STEM**
LLD 1 Listening
Pick up scarves and find the sticks hiding under them. Play with the sticks or arrange them to make designs.
- 3** **Living Creatures**
PD 1 Gross Motor
Move body like the animals named in the song.
- 3** **Living Sounds**
MR 7 Logic & Reasoning
Make different vowel sounds into a cup.



WEEK 2

- 4** **Peek-a-Boo Sheep**
SED 3 Attention & Persistence
Play hide-and-seek with a stick puppet sheep.
- 4** **Music Machine**
PD 1 Gross Motor
Respond to changes in music by waving a scarf slowly, then quickly.
- 4** **Drive to Animals**
MR 5 Patterns
Explore pushing a car to different animal pictures.

- 5** **Baa Baa Black Sheep**
LLD 3 Phonological Awareness
Build muscle coordination by crawling over pillows with help.
- 5** **Gel Bead Bag**
PD 2 Fine Motor
Investigate a sensory bag. Squish and squeeze it to build small muscles.
- 5** **Cotton Ball Toss**
MR 3 Shapes
Move around the room, gather cotton balls and put them in a box.

- 6** **Chase the Light**
SED 1 Self Awareness
See a light on the floor and chase after it.
- 6** **Nature Tree Prints**
PD 2 Fine Motor
Gather nature items and press them in paint, then onto paper.
- 6** **Wonder Walk**
MR 2 Spatial Awareness
Explore moving in different directions.



WEEK 3

- 7** **Big & Small Box**
LLD 1 Listening
Play with big and small boxes. Investigate and communicate about sizes.
- 7** **Beep Bop Stop**
PD 1 Gross Motor
Explore spinning around slowly, then quickly.
- 7** **Hot & Cold**
MR 4 Measurement
Explore hot and cold sensory bags. Discover how they feel on different body parts.

- 8** **Spoon of Cotton**
LLD 1 Listening
Explore pounding with a spoon on a bowl. Pound while listening to a rhyme.
- 8** **Slimy Goo**
PD 2 Fine Motor
Explore sensory play and gooey textures.
- 8** **Ribbon Pull**
MR 3 Shapes
Pull ribbons hidden in a container and watch them get longer.

- 9** **Build with Blocks**
LLD 3 Phonological Awareness
Sing a song while building with blocks.
- 9** **Blocks in Socks**
PD 2 Fine Motor
Investigate putting blocks in socks, then taking them out.
- 9** **Sensory Path**
MR 1 Number Sense
Crawl and climb over obstacles.



WEEK 4

- 10** **Bubble Walk**
SED 2 Self-Regulation
Crawl over bubble wrap and explore textures.
- 10** **Pop the Bubble**
PD 2 Fine Motor
Explore hand-eye coordination by blowing and popping bubbles.
- 10** **Shake a Snack**
MR 6 Classification
Participate in the snack routine by getting food out of a bottle.

- 11** **Tongue Game**
LLD 2 Communication
Play a back-and-forth game of sticking out tongues.
- 11** **Liquid, Solid, Gas**
PD 1 Gross Motor
Dance and hold onto a parachute. Move it in different ways.
- 11** **Lid Float**
MR 2 Spatial Awareness
Move around the room and find lids. Explore floating the lids in a bowl of water.

- 12** **Water Brush**
SED 1 Self Awareness
Look in a mirror and explore shiny teeth. Investigate toothbrushes.
- 12** **Pushing Ice**
PD 2 Fine Motor
Explore pushing ice across a table or floor.
- 12** **Tools We Use**
MR 2 Spatial Awareness
Play with sand and water while a song plays. Act out the song.

