

BODY PARTS WEEKLY ACTIVITY SKILL CHART

DATE _____

WEEK 1



	ACTIVITY TYPE	ACTIVITY TITLE	SOCIAL EMOTIONAL	PHYSICAL & MOTOR	LANGUAGE & LITERACY	MATH & REASONING	SCIENCE & TECH	SOCIAL STUDIES	CREATIVE ARTS
LESSON 1	Circle Time: Discussion	About Me	SED 1 Self-Awareness		LLD 2 Communication				
	Circle Time: Activity	Community Color	SED 4 Social Relationships	PD 2 Fine Motor				SS 1 Culture & Community	
	Art: I2C	Self-Portrait	SED 1 Self-Awareness						CA 3 Visual Arts
	Small Group	Measure Me	SED 4 Social Relationships			MR 4 Measurement			
	Tabletop	Name Pockets		PD 2 Fine Motor ★	LLD 4 Alphabetic Knowledge ★				
	Music & Movement	I'm Special		PD 1 Gross Motor					CA 1 Music
	Book	<i>I Am Enough</i>			LLD 6 Reading Comprehension				
	Center: Tech	Mirror Reflection					SCI 4 Technology		
LESSON 2	Circle Time: Discussion	Head			LLD 2 Communication				
	Circle Time: Activity	Follow My Head	SED 4 Social Relationships						
	Art: (MP)	Family Puppets			LLD 2 Communication ★			SS 1 Culture & Community ★	
	Small Group	Find the Eyebrow			LLD 7 Writing	MR 6 Classification			
	Tabletop	Tangram Body				MR 3 Shapes			
	Music & Movement	Head & Shoulders		PD 1 Gross Motor					CA 2 Dance & Movement
	Book	<i>From Head to Toe</i>			LLD 6 Reading Comprehension				
	Center: Science	Noodle Brain					SCI 1 Investigation & Inquiry		
LESSON 3	Circle Time: Discussion	Arms			LLD 2 Communication				
	Circle Time: Activity	Balance a Button	SED 4 Social Relationships	PD 1 Gross Motor					
	Art: I2C	X-Ray			LLD 7 Writing	MR 3 Shapes			CA 3 Visual Arts
	Small Group	B Ball Roll		PD 1 Gross Motor	LLD 4 Alphabetic Knowledge				
	Tabletop	Button Patterns		PD 2 Fine Motor		MR 5 Patterns			
	Music & Movement	Arms Are for Hugging	SED 4 Social Relationships	PD 1 Gross Motor					CA 1 Music
	Book	<i>Arm Pits?</i>		PD 1 Gross Motor	LLD 6 Reading Comprehension				
	Center: Science	Block Skeleton				MR 3 Shapes ★	SCI 2 Natural & Earth Science ★		
LESSON 4	Circle Time: Discussion	Legs			LLD 2 Communication				
	Circle Time: Activity	Stop & Go Legs	SED 2 Self-Regulation						CA 1 Music
	Art: MP	Big Blue Pocket		PD 2 Fine Motor			SCI 3 Physical Science		
	Small Group	Counting Legs		PD 2 Fine Motor		MR 1 Number Sense			
	Tabletop	B Is for Bird			LLD 7 Writing				
	Music & Movement	Head, Shoulders, Knees & Toes		PD 1 Gross Motor ★					CA 2 Dance & Movement ★
	Book	<i>Whose Knees Are These?</i>			LLD 6 Reading Comprehension				
	Center: Science	Block Skin					SCI 2 Natural & Earth Science		
LESSON 5	Circle Time: Discussion	Hands & Feet			LLD 2 Communication				
	Circle Time: Activity	Friendship Bracelets	SED 4 Social Relationships						
	Art: I2C	Body Study		PD 2 Fine Motor				SS 1 Culture & Community	CA 3 Visual Arts
	Small Group	Handprint Journal		PD 2 Fine Motor	LLD 7 Writing				
	Tabletop	Body Part Lotto	SED 3 Attention & Persistence ★			MR 6 Classification ★			
	Music & Movement	Wiggle & Giggle		PD 1 Gross Motor					CA 1 Music
	Book	<i>Me I Am!</i>			LLD 6 Reading Comprehension				
	Center: Science	Light Table X-Rays					SCI 4 Technology		

SKILLS BY DOMAIN

SOCIAL & EMOTIONAL
 SED 1 Self-Awareness
 SED 2 Self-Regulation
 SED 3 Attention & Persistence
 SED 4 Social Relationships

PHYSICAL & MOTOR
 PD 1 Gross Motor
 PD 2 Fine Motor
 PD 3 Safety
 PD 4 Personal Care
 PD 5 Nutrition

LANGUAGE & LITERACY
 LLD 1 Listening (Receptive Language)
 LLD 2 Communication
 (Expressive Language)
 LLD 3 Phonological Awareness
 LLD 4 Alphabetic Knowledge
 LLD 5 Concepts of Print
 LLD 6 Reading Comprehension
 LLD 7 Writing

MATH & REASONING
 MR 1 Number Sense
 MR 2 Spatial Awareness
 MR 3 Shapes
 MR 4 Measurement
 MR 5 Patterns
 MR 6 Classification
 MR 7 Logic & Reasoning

SCIENCE
 SCI 1 Investigation & Inquiry
 SCI 2 Natural & Earth Science
 SCI 3 Physical Science
 SCI 4 Technology

SOCIAL STUDIES
 SS 1 Culture & Community
 SS 2 Civics & Economics
 SS 3 Geography
 SS 4 History & Sense of Time

CREATIVE ARTS
 CA 1 Music
 CA 2 Dance & Movement
 CA 3 Visual Arts
 CA 4 Drama



FIVE SENSES WEEKLY ACTIVITY SKILL CHART

DATE _____

WEEK 2



	ACTIVITY TYPE	ACTIVITY TITLE	SOCIAL EMOTIONAL	PHYSICAL & MOTOR	LANGUAGE & LITERACY	MATH & REASONING	SCIENCE & TECH	SOCIAL STUDIES	CREATIVE ARTS
LESSON 6	Circle Time: Discussion	Five Senses: Sight			LLD 2 Communication				
	Circle Time: Activity	I Spy Friend	SED 4 Social Relationships		LLD 1 Listening				
	Art: I2C	Mondrian Art		PD 2 Fine Motor ★		MR 2 Spatial Awareness ★			CA 3 Visual Arts
	Small Group	Roll a Fruit Salad		PD 5 Nutrition		MR 1 Number Sense			
	Tabletop	Hidden Pictures			LLD 7 Writing				
	Music & Movement	See the Sunshine		PD 1 Gross Motor					
	Book	<i>Brown Bear, Brown Bear</i>			LLD 6 Reading Comprehension				
	Center: Science	Shadow Building					SCI 4 Technology		
LESSON 7	Circle Time: Discussion	Five Senses: Hearing			LLD 2 Communication				
	Circle Time: Activity	Quiet, Please	SED 2 Self-Regulation						CA 1 Music
	Art: MP	Instrument					SCI 3 Physical Science		CA 1 Music
	Small Group	My Five Senses Game			LLD 2 Communication ★	MR 7 Logic & Reasoning ★	SCI 2 Natural & Earth Science ★		
	Tabletop	Sort the Sounds			LLD 2 Communication	MR 6 Classification	SCI 3 Physical Science		
	Music & Movement	Pee-yew		PD 1 Gross Motor					CA 2 Dance & Movement
	Book	<i>You Can't Smell a Flower with Your Ear!</i>			LLD 6 Reading Comprehension				
	Center: Science	Musical Water Glasses					SCI 1 Investigation & Inquiry		
LESSON 8	Circle Time: Discussion	Five Senses: Taste			LLD 2 Communication				
	Circle Time: Activity	Enough for All	SED 4 Social Relationships	PD 2 Fine Motor				SS 1 Culture & Community	
	Art: I2C	Noodle Bracelet	SED 3 Attention & Persistence	PD 5 Nutrition					
	Small Group	See & Copy Tangrams	SED 3 Attention & Persistence ★			MR 3 Shapes ★			
	Tabletop	A Is for Apple			LLD 7 Writing				CA 3 Visual Arts
	Music and Movement	Food Song	SED 1 Self-Awareness						CA 1 Music
	Book	<i>Ten Red Apples</i>			LLD 6 Reading Comprehension				
	Center: Science	Juicer Machine					SCI 4 Technology		
LESSON 9	Circle Time: Discussion	Five Senses: Touch			LLD 2 Communication		SCI 3 Physical Science		
	Circle Time: Activity	Finger Touch	SED 4 Social Relationships			MR 7 Logic & Reasoning			
	Art: I2C	Sand Designs		PD 2 Fine Motor	LLD 2 Communication		SCI 3 Physical Science		
	Small Group	Soft Circles	SED 4 Social Relationships			MR 1 Number Sense			
	Tabletop	Touch A		PD 2 Fine Motor ★	LLD 7 Writing ★				
	Music & Movement	Too Hot to Touch		PD 3 Safety					CA 2 Dance & Movement
	Book	<i>Gregory, the Terrible Eater</i>			LLD 6 Reading Comprehension				
	Center: Science	Texture Roll Test					SCI 3 Physical Science		
LESSON 10	Circle Time: Discussion	Five Senses: Smell			LLD 2 Communication				
	Circle Time: Activity	Five Fine Flowers	SED 1 Self-Awareness		LLD 2 Communication			SS 1 Culture & Community	
	Art: MP	Flower Designs		PD 2 Fine Motor					CA 4 Drama
	Small Group	It Smells			LLD 5 Concepts of Print				
	Tabletop	Plant a Flower				MR 5 Patterns	SS 2 Natural & Earth Science		
	Music & Movement	See the Sunshine		PD 1 Gross Motor ★	LLD 1 Listening ★				CA 2 Dance & Movement ★
	Book	<i>Sniff, Sniff</i>			LLD 6 Reading Comprehension			SS 4 History & Sense of Time	
	Center: Science	Scent Bottles					SCI 2 Natural & Earth Science		

SKILLS BY DOMAIN

SOCIAL & EMOTIONAL
 SED 1 Self-Awareness
 SED 2 Self-Regulation
 SED 3 Attention & Persistence
 SED 4 Social Relationships

PHYSICAL & MOTOR
 PD 1 Gross Motor
 PD 2 Fine Motor
 PD 3 Safety
 PD 4 Personal Care
 PD 5 Nutrition

LANGUAGE & LITERACY
 LLD 1 Listening (Receptive Language)
 LLD 2 Communication (Expressive Language)
 LLD 3 Phonological Awareness
 LLD 4 Alphabetic Knowledge
 LLD 5 Concepts of Print
 LLD 6 Reading Comprehension
 LLD 7 Writing

MATH & REASONING
 MR 1 Number Sense
 MR 2 Spatial Awareness
 MR 3 Shapes
 MR 4 Measurement
 MR 5 Patterns
 MR 6 Classification
 MR 7 Logic & Reasoning

SCIENCE
 SCI 1 Investigation & Inquiry
 SCI 2 Natural & Earth Science
 SCI 3 Physical Science
 SCI 4 Technology

SOCIAL STUDIES
 SS 1 Culture & Community
 SS 2 Civics & Economics
 SS 3 Geography
 SS 4 History & Sense of Time

CREATIVE ARTS
 CA 1 Music
 CA 2 Dance & Movement
 CA 3 Visual Arts
 CA 4 Drama



CLOTHING WEEKLY ACTIVITY SKILL CHART

DATE _____

WEEK 3



	ACTIVITY TYPE	ACTIVITY TITLE	SOCIAL EMOTIONAL	PHYSICAL & MOTOR	LANGUAGE & LITERACY	MATH & REASONING	SCIENCE & TECH	SOCIAL STUDIES	CREATIVE ARTS
LESSON 11	Circle Time: Discussion	Shirts			LLD 2 Communication				
	Circle Time: Activity	Folding Challenge	SED 4 Social Relationships	PD 4 Personal Care		MR 3 Shapes			
	Art: I2C	Fashion Design		PD 2 Fine Motor	LLD 7 Writing				CA 3 Visual Arts
	Small Group	Head to Toe Bingo			LLD 1 Listening ★	MR 6 Classification ★			
	Tabletop	Button Color Match	SED 3 Attention & Persistence			MR 6 Classification			
	Music & Movement	Button Dance		PD 1 Gross Motor					CA 2 Dance & Movement
	Book	<i>Froggy Gets Dressed</i>			LLD 6 Reading Comprehension				
	Center: Science	Tie-Die					SCI 1 Investigation & Inquiry		
LESSON 12	Circle Time: Discussion	Pants			LLD 2 Communication				
	Circle Time: Activity	Pocket Feelings	SED 1 Self-Awareness						
	Art: I2C	Dot Designs		PD 1 Gross Motor ★					CA 3 Visual Arts ★
	Small Group	Count the Pants		PD 1 Gross Motor		MR 1 Number Sense			
	Tabletop	Hidden H			LLD 4 Alphabetic Knowledge	MR 7 Logic & Reasoning			
	Music & Movement	In My Pocket			LLD 1 Listening				CA 1 Music
	Book	<i>Ants in Your Pants</i>			LLD 6 Reading Comprehension				
	Center: Science	Pocket Messages			LLD 7 Writing		SCI 1 Investigation & Inquiry		
LESSON 13	Circle Time: Discussion	Hats			LLD 2 Communication				
	Circle Time: Activity	Community Hat	SED 4 Social Relationships		LLD 2 Communication				
	Art: MP	Triangle Hat		PD 2 Fine Motor					CA 4 Drama
	Small Group	H Is for Hat			LLD 3 Phonological Awareness				
	Tabletop	Beatriz Puzzle				MR 2 Spatial Awareness			
	Music & Movement	Tall Yellow Hat			LLD 1 Listening ★				
	Book	<i>Beatriz Bananas and the Very Big Hat</i>			LLD 6 Reading Comprehension				
	Center: Science	Nature Crowns					SCI 2 Natural & Earth Science		
LESSON 14	Circle Time: Discussion	Coats			LLD 2 Communication				
	Circle Time: Activity	Coat for You						SS 4 History & Sense of Time	
	Art: I2C	Cheetah Fur				MR 5 Patterns			CA 3 Visual Arts
	Small Group	Coat Sizes	SED 4 Social Relationships			MR 4 Measurement			
	Tabletop	Animal Coats			LLD 2 Communication ★	MR 6 Classification ★			
	Music & Movement	Coat Song		PD 1 Gross Motor					CA 2 Dance & Movement
	Book	<i>Suki's Kimono</i>			LLD 6 Reading Comprehension				
	Center: Science	Coat Hook Design					SCI 4 Technology		
LESSON 15	Circle Time: Discussion	Shoes & Socks			LLD 2 Communication				
	Circle Time: Activity	Your Shoe?	SED 4 Social Relationships		LLD 2 Communication			SS 2 Civics & Economics	
	Art: MP	Shoe Design		PD 4 Personal Care	LLD 7 Writing				
	Small Group	Sock Letter Sounds	SED 4 Social Relationships		LLD 3 Phonological Awareness				
	Tabletop	Sock Match	SED 3 Attention & Persistence			MR 6 Classification			
	Music & Movement	Dancing Shoes			LLD 1 Listening				CA 2 Dance & Movement
	Book	<i>Centipede's 100 Shoes</i>			LLD 6 Reading Comprehension				
	Center: Science	Fill the Sock	SED 3 Attention & Persistence ★				SCI 1 Investigation & Inquiry ★		

SKILLS BY DOMAIN

SOCIAL & EMOTIONAL

- SED 1 Self-Awareness
- SED 2 Self-Regulation
- SED 3 Attention & Persistence
- SED 4 Social Relationships

PHYSICAL & MOTOR

- PD 1 Gross Motor
- PD 2 Fine Motor
- PD 3 Safety
- PD 4 Personal Care
- PD 5 Nutrition

LANGUAGE & LITERACY

- LLD 1 Listening (Receptive Language)
- LLD 2 Communication (Expressive Language)
- LLD 3 Phonological Awareness
- LLD 4 Alphabetic Knowledge
- LLD 5 Concepts of Print
- LLD 6 Reading Comprehension
- LLD 7 Writing

MATH & REASONING

- MR 1 Number Sense
- MR 2 Spatial Awareness
- MR 3 Shapes
- MR 4 Measurement
- MR 5 Patterns
- MR 6 Classification
- MR 7 Logic & Reasoning

SCIENCE

- SCI 1 Investigation & Inquiry
- SCI 2 Natural & Earth Science
- SCI 3 Physical Science
- SCI 4 Technology

SOCIAL STUDIES

- SS 1 Culture & Community
- SS 2 Civics & Economics
- SS 3 Geography
- SS 4 History & Sense of Time

CREATIVE ARTS

- CA 1 Music
- CA 2 Dance & Movement
- CA 3 Visual Arts
- CA 4 Drama



STAYING HEALTHY WEEKLY ACTIVITY SKILL CHART

DATE _____



WEEK 4

	ACTIVITY TYPE	ACTIVITY TITLE	SOCIAL EMOTIONAL	PHYSICAL & MOTOR	LANGUAGE & LITERACY	MATH & REASONING	SCIENCE & TECH	SOCIAL STUDIES	CREATIVE ARTS
LESSON 16	Circle Time: Discussion	Washing Hands			LLD 2 Communication				
	Circle Time: Activity	Make a Germ	SED 4 Social Relationships	PD 4 Personal Care					
	Art: I2C	Wax Resist Art			LLD 7 Writing ★		SCI 1 Investigation & Inquiry ★		CA 3 Visual Arts ★
	Small Group	Wash & Count		PD 4 Personal Care		MR 1 Number Sense			
	Tabletop	Shaving Cream Writing		PD 2 Fine Motor	LLD 7 Writing				
	Music & Movement	Washing Song							CA 2 Dance & Movement
	Book	<i>Do Not Lick This Book</i>			LLD 6 Reading Comprehension				
	Center: Science	Bubble Wands					SCI 4 Technology		
LESSON 17	Circle Time: Discussion	Protecting Your Body			LLD 2 Communication				
	Circle Time: Activity	Safety Shield	SED 4 Social Relationships			MR 7 Logic & Reasoning			
	Art: MP	Brain Model	SED 1 Self-Awareness	PD 4 Personal Care			SCI 2 Natural & Earth Science		
	Small Group	Lost & Found Letters	SED 3 Attention & Persistence		LLD 4 Alphabetic Knowledge				
	Tabletop	Safety Gear Puzzles		PD 3 Safety ★		MR 2 Spatial Awareness ★			
	Music & Movement	Safety Song		PD 3 Safety					CA 2 Dance & Movement
	Book	<i>Bike Safety</i>			LLD 6 Reading Comprehension				
	Center: Science	Hard Break					SCI 4 Technology		
LESSON 18	Circle Time: Discussion	Sleep			LLD 2 Communication				
	Circle Time: Activity	Dream Book	SED 2 Self-Regulation		LLD 7 Writing				
	Art: I2C	Starry Night		PD 2 Fine Motor					CA 3 Visual Arts
	Small Group	Beatriz Sleeps	SED 4 Social Relationships			MR 1 Number Sense			
	Tabletop	Stuffing a Pillow	SED 4 Social Relationships				SCI 3 Physical Science		
	Music and Movement	Counting Sheep		PD 1 Gross Motor ★		MR 1 Number Sense ★			CA 1 Music ★
	Book	<i>Letters from Friends</i>			LLD 6 Reading Comprehension				
	Center: Science	Build a Bedroom					SCI 1 Investigation & Inquiry		CA 4 Drama
LESSON 19	Circle Time: Discussion	Brushing Your Teeth			LLD 2 Communication				
	Circle Time: Activity	Floss Challenge	SED 4 Social Relationships			MR 7 Logic & Reasoning			
	Art: I2C	Brushing Teeth		PD 4 Personal Care					CA 3 Visual Arts
	Small Group	Letter Floss	SED 3 Attention & Persistence		LLD 7 Writing				
	Tabletop	Pulling Teeth		PD 2 Fine Motor		MR 1 Number Sense			
	Music & Movement	Brush Your Teeth			LLD 1 Listening				CA 2 Dance & Movement
	Book	<i>Ready, Set, Brush</i>			LLD 6 Reading Comprehension				
	Center: Science	Teeth Cleaning					SCI 4 Technology ★		CA 4 Drama ★
LESSON 20	Circle Time: Discussion	Exercise			LLD 2 Communication				
	Circle Time: Activity	Beatriz Says . . .		PD 1 Gross Motor	LLD 1 Listening				
	Art: I2C	My Portfolio	SED 1 Self-Awareness		LLD 7 Writing				CA 3 Visual Arts
	Small Group	Button Math Stories			LLD 6 Reading Comprehension	MR 1 Number Sense			
	Tabletop	My Postcard			LLD 7 Writing				
	Music & Movement	Stretch & Pose		PD 1 Gross Motor ★					CA 2 Dance & Movement ★
	Book	<i>You Are a Lion! and other Fun Yoga Poses</i>			LLD 6 Reading Comprehension				
	Center: Science	Pulley Power		PD 1 Gross Motor			SCI 4 Technology		

SKILLS BY DOMAIN

SOCIAL & EMOTIONAL
 SED 1 Self-Awareness
 SED 2 Self-Regulation
 SED 3 Attention & Persistence
 SED 4 Social Relationships

PHYSICAL & MOTOR
 PD 1 Gross Motor
 PD 2 Fine Motor
 PD 3 Safety
 PD 4 Personal Care
 PD 5 Nutrition

LANGUAGE & LITERACY
 LLD 1 Listening (Receptive Language)
 LLD 2 Communication (Expressive Language)
 LLD 3 Phonological Awareness
 LLD 4 Alphabetic Knowledge
 LLD 5 Concepts of Print
 LLD 6 Reading Comprehension
 LLD 7 Writing

MATH & REASONING
 MR 1 Number Sense
 MR 2 Spatial Awareness
 MR 3 Shapes
 MR 4 Measurement
 MR 5 Patterns
 MR 6 Classification
 MR 7 Logic & Reasoning

SCIENCE
 SCI 1 Investigation & Inquiry
 SCI 2 Natural & Earth Science
 SCI 3 Physical Science
 SCI 4 Technology

SOCIAL STUDIES
 SS 1 Culture & Community
 SS 2 Civics & Economics
 SS 3 Geography
 SS 4 History & Sense of Time

CREATIVE ARTS
 CA 1 Music
 CA 2 Dance & Movement
 CA 3 Visual Arts
 CA 4 Drama

