

FAMILY NEWSLETTER

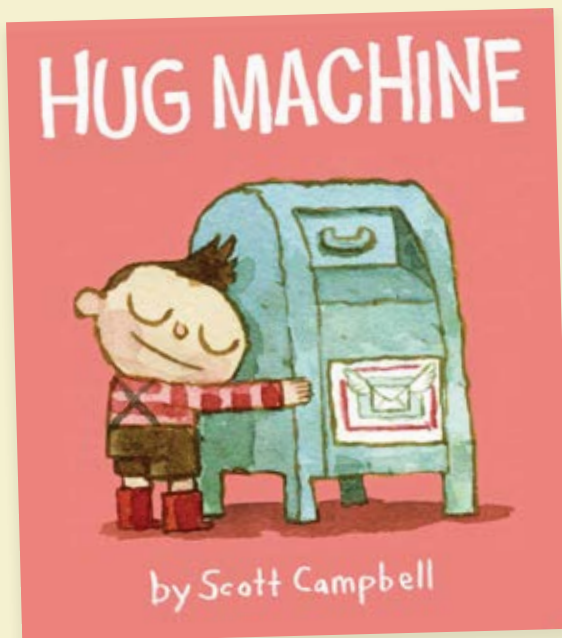
OUR WEEK WITH

Letters from Friends

experience
toddler



This week, let's read books about kindness and giving hugs. Find this one at your library or on YouTube:



Hug Machine
by Scott Campbell

TOGETHER
TIME

Letter to Grandma

What?

In the story of the week at school, Bunny helped Bird feel better by encouraging their friends to send him mail. Work together to draw a picture, then mail it to someone you love.

How?

Color or scribble a picture. Help your child fold it and put it in an envelope. Address the envelope, then have your child put on the stamp and go together to the post office or mailbox.

Why?

This activity nurtures kindness by creating something special to give a family member or friend. It also helps your child learn about their community and how the post office works.



Letters from Friends Calendar

experience
toddler

language & literacy

math & reasoning

music & movement

art & drama

LESSON 1

ACTIVE LISTENING Write a Letter

LLD 6 READING COMPREHENSION

Draw or scribble while listening to a read-aloud. Use the drawings to retell what you heard.

MEASURE WITH ME Package Delivery?

MR 4 MEASUREMENT

Explore concepts of weight by carrying a box with different objects in it.

COORDINATION Draw a Circle

PD 1 GROSS MOTOR

Explore tossing and catching a ball while the music plays.

COLLAGING Mondrian Art

★ CA 3 VISUAL ARTS

Arrange a variety of shapes on the paper to create a Mondrian-inspired artwork.

LESSON 2

BOOK DISCOVERY Read to Bunny

LLD 2 COMMUNICATION

Practice signing “bunny” and “kindness” along with the story.

LIFE SKILLS Five Senses

★ SCI 2 NATURAL & EARTH SCIENCE

Explore sight, sound, taste, touch and smell.

GROUP DANCE Clean Up

SED 3 ATTENTION & PERSISTENCE

Sit in a circle and practice passing a toy around the circle while the music plays.

COLORING Letter A

PD 2 FINE MOTOR

Explore coloring the letter A upside-down with one crayon at a time.

LESSON 3

COMMUNICATION Where Is A for Alligator?

LLD 4 ALPHABETIC KNOWLEDGE

Ask “where” questions and play hide and seek with an alligator and explore the /a/ sound.

SENSORY PLAY See & Copy Tangrams

★ MR 3 SHAPES

Explore pressing tangrams into dough to create impressions.

MOVEMENT PATTERNS Word Taps

CA 1 MUSIC

Tap a beat on a bowl. Hold the sticks still until the words “be, be, kind,” then tap the words on a bowl.

DRAMATIC PLAY Bunny Puppet

CA 4 DRAMA

Make a bunny puppet, then play peekaboo with the puppet while moving it around the room.

LESSON 4

PICTURES & LETTERS Touch A

★ LLD 7 WRITING

Explore making letter shapes in sand as a precursor to writing letters.

NUMBER PLAY Mailing Number Cards

MR 1 NUMBER SENSE

Count quantities by putting postcards into their matching numbered mailboxes.

SOUNDS & SIGNS Letter A Song

CA 2 DANCE & MOVEMENT

Listen for the letter A and dance around the letter card like little alligators.

PAINTING Circle Stamps

CA 3 VISUAL ARTS

Stamp circles on a paper.

LESSON 5

STORY PLAY Where Is Bunny?

LLD 6 READING COMPREHENSION

Identify the characters in a story. Hold a character Story Piece and look for it in the book.

SORTING & SHAPES Box of Circles

MR 6 CLASSIFICATION

Sort the foam shapes by color.

CREATIVE MOVEMENT See the Sunshine

★ CA 2 DANCE & MOVEMENT

Dance in personal space on a towel. Pause the music and run to another towel.

STICKER ART Bunny on My Arm

PD 4 PERSONAL CARE

Name body parts while applying stickers on hands, feet and other parts.

FAMILY NEWSLETTER

OUR WEEK WITH

Healthy Body

experience
toddler



This week, let's read books about our bodies. Find this one at your library or on YouTube:



From Head to Toe
by Eric Carle

TOGETHER

TIME

Bedtime Photo Checklist

What?

In the story of the week, a monkey followed paths while getting ready for bed. He found a toothbrush and a bed, among other things. Make a checklist for your child's bedtime routine.

How?

Take photos of your child doing each part of their bedtime routine. Tape the pictures on the wall where the child can touch and see them every night.

Why?

Photo or picture routines help the child anticipate and participate in daily routines. This repetitive schedule helps calm your child and supports cognitive skills.





Follow the Path Healthy Body Calendar



experience
toddler

language & literacy

math & reasoning

music & movement

art & drama

LESSON 1

PICTURES & LETTERS

Name Pockets

★ LLD 4 ALPHABETIC KNOWLEDGE

Practice identifying own name.

SENSORY PLAY

Dig Out Links

PD 2 FINE MOTOR

Find a shape link in the dough and match it to a similar shape link.

COORDINATION

Be, Be Kind

CA 2 DANCE & MOVEMENT

Use listening skills while dancing and touch the sticker each time the word "kind" is sung.

COLORING

Letter B

LLD 7 WRITING

Strengthen fine motor and pencil control by tracing the letter B. Retrace the path in different colors.

LESSON 2

BOOK DISCOVERY

Healthy Path

LLD 5 CONCEPTS OF PRINT

Develop book handling skills by following text from left to right.

LIFE SKILLS

Shaving Cream Writing

LLD 7 WRITING

Explore writing in bubbles and foam.

GROUP DANCE

Dance to Blue

PD 1 GROSS MOTOR

Dance with a partner. Hold hands and move together to blue papers on different walls.

DRAMATIC PLAY

Family Puppet

★ SS 1 CULTURE & COMMUNITY

Make a puppet and pretend to say hi and good-bye to the puppet.



LESSON 3

COMMUNICATION

B Is for Bird Blocks

LLD 4 ALPHABETIC KNOWLEDGE

Talk about the bird on the letter B Card then put bird blocks on a masking tape letter B.

MEASURE WITH ME

Block Skeleton

★ SCI 2 NATURAL & EARTH SCIENCE

Explore concepts of height and length by measuring with paper tubes or blocks.

MOVEMENT PATTERNS

Circle in the Air

CA 1 MUSIC

Dance expressively to the music.

COLLAGING

Noodle Collage

MR 5 PATTERNS

Explore pressing starch noodles together to create a collage.



LESSON 4

ACTIVE LISTENING

Sounds of Health

LLD 3 PHONOLOGICAL AWARENESS

Practice signing words as prompted by a read-aloud story.

NUMBER PLAY

Counting Circles

MR 1 NUMBER SENSE

Count quantities up to four with foam shapes and number strips.

CREATIVE MOVEMENT

Head & Shoulders

★ PD 1 GROSS MOTOR

Dance with scarves inside a triangle on the floor without touching each other.

PAINTING

Mixing Blue

CA 3 VISUAL ARTS

Explore painting with blue and mixing it with other colors.

LESSON 5

STORY PLAY

Hold Up Your Piece

LLD 6 READING COMPREHENSION

Listen actively and hold up the Story Piece when a character is named during a read-aloud.

SORTING & SHAPES

Body Parts Lotto

★ MR 6 CLASSIFICATION

Take turns matching images of body parts.

SOUNDS & SIGNS

Letter B Song

CA 2 DANCE & MOVEMENT

Listen for the letter B and dance around the letter card like little birds.

STICKER ART

Healthy Sticker Match

PD 2 FINE MOTOR

Use visual scanning to identify and match a specific named sticker.

FAMILY NEWSLETTER

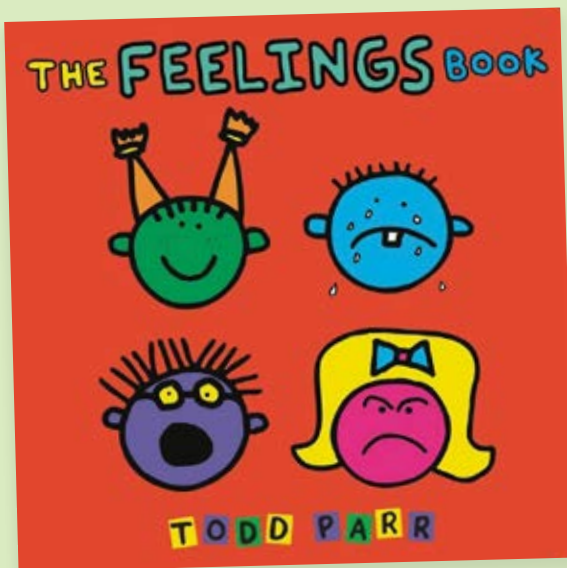
OUR WEEK WITH

If You're Happy and You Know it!

experience
toddler



This week, let's read books about our feelings. Find this one at your library or on YouTube:



The Feelings Book
by Todd Parr

TOGETHER
TIME

Car Ride Emotions

What?

In the story of the week at school, we read and sang the popular song "If You're Happy and You Know It (Clap Your Hands)." Create your own verses while driving.

How?

While driving, name an emotion and a movement your child can do while seated in a car seat. Sing and be silly.

Why?

This activity builds awareness about the words and actions we use to communicate our feelings. Toddlers are just beginning to learn how to identify and control their emotions.



IF You're Happy and You Know It! Calendar

experience
toddler

language & literacy

math & reasoning

music & movement

art & drama

LESSON 1

ACTIVE LISTENING

Happy Shake

SED 3 ATTENTION & PERSISTENCE

Increase attention span while listening to stories by playing an instrument such as an egg shaker.

SENSORY PLAY

Dough Mat Faces

PD 2 FINE MOTOR

Control the small muscles in the fingers by creating facial expressions with playdough.

COORDINATION

Hello, Are You Ready?

PD 1 GROSS MOTOR

Do the Yoga pose during the song to improve balance, flexibility and strength.

PAINTING

Wax Resist Art

★ SCI 1 INVESTIGATION & INQUIRY

Explore how white crayon scribbles are revealed when covered by watery paint.

LESSON 2

BOOK DISCOVERY

Happy Notes

LLD 5 CONCEPTS OF PRINT

Place a sticky note with a happy face on each book page. Lift the flap and determine if a word or picture is hiding under it.

LIFE SKILLS

Safety Gear Puzzle

★ PD 3 SAFETY

Explore concepts of safety through puzzles and games.

GROUP DANCE

Hello Leader

SED 4 SOCIAL RELATIONSHIPS

Take turns being the movement leader during the song.

DRAMATIC PLAY

Happy-Sad Mask

SED 2 SELF-REGULATION

Create a two-sided happy/sad face stick puppet. Explore feelings while playing with the mask.

LESSON 3

COMMUNICATION

Signing Happy/Sad

LLD 2 COMMUNICATION

Use the signing words and practice them through pantomime.

MEASURE WITH ME

Long Jump

MR 4 MEASUREMENT

Explore distances of long/short and near/far by measuring with links.

MOVEMENT PATTERNS

Draw a Circle

PD 1 GROSS MOTOR

Practice balancing and muscle control by moving with the words and music.

COLLAGING

Circle Collage

CA 3 VISUAL ARTS

Explore circle shapes and make a circle collage.

LESSON 4

PICTURES & LETTERS

Happy Roll

LLD 1 LISTENING

Roll a ball toward a Story Piece when mentioned in the read-aloud.

NUMBER PLAY

Teeth Cleaning

★ SCI 1 INVESTIGATION & INQUIRY

Pretend to brush and count teeth by using an ice cube tray and toothbrush.

SOUNDS & SIGNS

Happy & Sad Signs

CA 2 DANCE & MOVEMENT

Listen for the words "happy" and "sad." Sign the words to the music.

COLORING

Happy Portrait

PD 2 FINE MOTOR

Draw a self-portrait on a flat surface.

LESSON 5

STORY PLAY

Who Is Hiding?

LLD 2 COMMUNICATION

Hide the Story Pieces one at a time under a bowl. Tell a story about why that character may be hiding.

SORTING & SHAPES

Circle Patterns

MR 5 PATTERNS

Arrange the shapes on the Pattern Mat to make repeating patterns.

CREATIVE MOVEMENT

Stretch & Pose

★ PD 1 GROSS MOTOR

Roll a cube and practice each yoga pose.

STICKER ART

Happy Stickers

PD 2 FINE MOTOR

Build eye-hand coordination by holding the sticker sheet with one hand and peeling off a sticker with the other/dominant hand.





FAMILY NEWSLETTER

OUR WEEK WITH



Beatriz, Bananas and the Very Big Hat

This week, let's read books about hats and clothing. Find this one at your library or on YouTube:



Old Hat New Hat
by Stan and Jan Berenstain

TOGETHER
TIME

Circle Walk

What?

In the story of the week, Beatriz made hats, then went to the city to sell them. Throughout this week's adventure, your child learned to identify circles. Continue the circle hunt at home.

How?

Go for a walk and hunt for circles found in nature, on clothing or on signs. If possible, bring along a camera and take photos of each circle you see. Review all circle photos at home. Print and make your own circle book.

Why?

This activity helps your child identify 2D and 3D shapes in their natural environment. Over time, they will discover that objects are made of many shapes. This will support their future geometry (as well as drawing and writing) skills.



Beatriz, Bananas and the Very Big Hat Calendar



experience
toddler

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LESSON 1

ACTIVE LISTENING Tap Head for Hat

★ LLD 1 LISTENING

Raise hands each time the word "hat" is spoken during a story read-aloud.

SORTING & SHAPES Head-to-Toe Bingo

LLD 1 LISTENING

Listen to a word and find the matching pictures on the Bingo Mats.

COORDINATION Circle Path

PD 1 GROSS MOTOR

Dance and improve balance by walking heel-to-toe on a masking tape path. Step over toys on the line.

COLLAGING Shirt Design

PD 2 FINE MOTOR

Strengthen fine motor coordination by tearing tissue paper and making a shirt collage.



LESSON 2

BOOK DISCOVERY Beatriz on the Page

LLD 2 COMMUNICATION

Practice signing "monkey" and "hat" along with the story.

SENSORY PLAY Banana Dough

PD 2 FINE MOTOR

Play with dough and roll it into a banana shape. Use craft sticks to cut it into pieces.

GROUP DANCE Hold Up Blue & Brown

LLD 1 LISTENING

Listen for the color word(s) as the song plays and hold up the colored paper.

PAINTING Dot & Stripes Designs

★ CA 3 VISUAL ARTS

Build fine motor control by dotting and dragging paint on paper with a pompom.

LESSON 3

COMMUNICATION Hidden Letter H

LLD 4 ALPHABETIC KNOWLEDGE

Explore the /h/ sound while putting a hat photo on the hippo photo.

NUMBER PLAY Banana Bags

MR 1 NUMBER SENSE

Explore putting foam bananas in bags. Fill and dump, then refill again. Count the bananas.

CREATIVE MOVEMENT Tall Yellow Hat

★ LLD 1 LISTENING

Invent movements for specific words in the song.

DRAMATIC PLAY Yellow Hat

CA 4 DRAMA

Make a yellow headband hat and wear it while pretending to be a monkey from the storybook.

LESSON 4

PICTURES & LETTERS Stack a Beatriz Story

LLD 1 LISTENING

Put an object on the Beatriz Story Piece each time the name "Beatriz" is read aloud.

MEASURE WITH ME Animal Coats

★ MR 6 CLASSIFICATION

Explore matching animals cards by size.

MOVEMENT PATTERNS Box Beats

CA 1 MUSIC

Make music with friends by tapping with sticks or spoons on one box together.

COLORING Letter H

PD 2 FINE MOTOR

Explore standing and tracing over the letter H and coloring pictures that begin with the letter H.

LESSON 5

STORY PLAY Hello Monkey

LLD 2 COMMUNICATION

Make conversation between the Story Pieces and child photos to role-play being in the story.

LIFE SKILLS Fill the Sock

★ SED 3 ATTENTION & PERSISTENCE

Practice self-help skills like using a spoon to scoop or feed self.

SOUNDS & SIGNS Letter H Song

CA 2 DANCE & MOVEMENT

Listen for the letter H and dance around the card like big hippos.

STICKER ART Beatriz Story Stickers

PD 2 FINE MOTOR

Practice the pincer grip by peeling off stickers and decorating a Story Scene.

